Westwood Public Schools: District Bulletin

Information contained in this bulletin has been approved by the Office of the Superintendent for distribution in school newsletters and/or e-mail listservs

If you wish to have something posted in this bulletin or in school newsletters, please contact Ann Brown at abrown@westwood.k12.ma.us or 781-326-7500 x1341

Note: School, TownHall, Recreation, Scouting and Sport's flyers will be posted a maximum of three times and flyers from outside groups or businesses one time only in the District Bulletin

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SCHOOL COMMITTEE CALENDAR

The next meeting will be Monday, February 8, 2016 and Thursday, February 11, 2016
7:00 p.m.
High School Little Theatre

Is your February Vacation a Westwood Staycation?

Come cheer on the Varsity Boys and Girls Basketball Team as they take to Bader Gymnasium for the

RILEY WINTER CLASSIC TOURNAMENT

Sunday, February 14th

1:00 pm	Boys: Silver Lake vs Wellesley
3:00 pm	Boys: **WESTWOOD** vs Norwood
5:00 pm	Girls: Archbishop Williams vs Wellesley
7:00 pm	Girls: **WESTWOOD** vs Norwood

Monday, February 15th

1:00 pm	Girls Consolation Game
3:00 pm	Boys Consolation Game
5:00 pm	Girls Championship Game
7:00 pm	Boys Championship Game

Concessions – including pizza, available

GREAT RAFFLE PRIZES

Lottery Tickets, Themed Gift Baskets and More!

GO WOLVERINES!

Spend Your February Vacation at Hale!

HALE
ACRES OF ADVENTURE

February 16 - 19
9:00 am - 3:00 pm

Winter Wonders
(1st - 4th grade)
At Powissett Lodge

Bring your snow boots to enjoy different themed adventures outside. Children will be indoors part of each day as well to play games and create arts & crafts projects.

Activities include:
Winter Games, Hikes, Sledding, Storytime

$75.00 per day
(Hale provides 2 snacks and juice each day)

$250.00 for all four days

Wild, Wild Winter
(5th - 8th grade)
At Powissett Lodge

Join us for an exciting winter adventure. Kids will engage in activities and games such as sledding and snowshoeing as well as survival skills that will teach your child about safety in the chilly winter outdoors.

Activities include:
Orienteering, Low Ropes, Sledding, Snowshoeing, Survival Skills

Hale offers extended day!

For more information, and to register online, please visit www.HaleReservation.org.

You can find the Vacation Programs page under the Hale Day Camp page.

Westwood Youth & Family Services

facebook

twitter

@westwoodyfs

Find out more about our programs, see pictures of our community in action, and read about parenting tips and suggestions!

Sports Equipment Needed

Please Help

Girl Scout Troop #74302

Collect New Equipment for the

ADSL

(All Dorchester Sports League)

Dates: Feb. 3rd - 12th

Drop Off Location: Thurston Middle School

Items Requested:

Yoga Mats

Jump Ropes

Outdoor Volleyballs

Softballs

Bases

Wood Bats

Spring 2016 Registration for Westwood Babe Ruth (WBR) is open. To register, please go to :

http://leagueathletics.com/Registration/Default.asp?n=92735&org=westwoodlittleleague.com

and *scroll down to the bottom* to sign up. WBR is dedicated to the advancement of baseball in the town for 13 to 15 year olds in the Spring. We participate in the Norfolk County Babe Ruth League with locally surrounding towns. Westwood teams typically play each other and travel to Walpole and Medfield and other nearby towns to play same age teams 2-3 times per week in the season. The 16 game schedule begins in mid April and runs until early June using weekends and some weekdays. There is typically a single game elimination playoff structure to determine division champions.

The web address below is the hub for Westwood's Spring baseball activities. Please
Contact Gary Cappuccino, President WBR at gcapp@aol.com or 617-640-1620 with any questions.

www.ncbrbaseball.com

Westwood Babe Ruth. PO Box 413. Westwood. MA. 02090

Fine tune your skills for spring softball!

Westwood Youth Softball is partnering with Dirt Dawg Sports in Canton to offer pitching and catching clinics for our travel league players and girls grades 3-8.

Three different sessions are being offered and each session includes four clinics for $60. Go to our website for the session details and to register.

www.westwoodyouthsoftball.org

Space is limited to 10 players per session.

Go online and register today!

STIX 4 CHIX
LAX CLINX

Has your daughter expressed interest in learning lacrosse?
Learn from a former collegiate player and current official.

Skills, drills, rules review, and more!
$99 for 6 weeks/30 minute session (grades K-2)
$198 for 6 weeks/1 hour sessions (grades 3-5)
Saturday & Sunday morning sessions offered
Sessions run on a 6 week schedule
Next session starts February 27th
No more than 8 players in a group.
Day of clinic sign ups allowed assuming there is space
Website: www.stix4chixlaxclinx.com
Email: Deb Morris at: Stix4ChixLaxClinx@gmail.com
Phone: 781-708-9052
Location: Dedham MA - Boch Hockey Center upstairs on turf

****Field Hockey will be added as an offering in the spring!**
Inquire within for more information!

February Vacation Week Programs

Register today! Must meet minimum enrollments by Feb 5.

SWIM IN – A NIGHT AT THE MOVIES Grades 3, 4 and 5
Tue, Feb 16, 7:00-9:00 PM
$15 per swimmer at the Westwood Recreation Pool Min 10/Max 50
Bring a float and join friends at the pool for movie night! Swimmers must pass a pool test. Snacks and drinks served after the movie.

FEBRUARY VACATION OPEN SWIM All ages
Tue-Fri, Feb 16-19, 1:00-3:00 PM
Current membership or daily fee $5 per swimmer at the Westwood Recreation Pool
Join friends at the pool and make a splash! Participants must be able to swim independently or be accompanied by an adult.

ADVENTURE DAYS Ages 3-5 (Must be toilet trained.)
Tue - Fri, Feb 16 - 19. 9am - 1 pm/Fee: $35 and 1 - 3:30pm/Fee: $25 Min 6/Max 12
With Recreation Staff at the Islington Community Center
It's all about fun! Enjoy crafts, stories, games, dramatic play, songs, outdoor play, and more. Participants should be prepared for outdoor play. 9:00-1:00 participants need to bring drinks, nut free snack and lunch. 1:00-3:30 participants need to bring a drink and nut free snack.

VACATION INFLATABLE DAY Ages 6-12
Wed, Feb 17, 10:00am-1:00pm
With Recreation Staff at Thurston Middle School Gym
Fee: $40 Min 35/Max 70
Jump, climb, slide and race with friends! Have a blast on a giant slide, bungee run, Delta Force obstacle course, hoop mania or jumpy house. Bring water bottle, snack and lunch.

PRINCESSES & KNIGHTS ETIQUETTE TEA PARTY Ages 5-8
Wed, Feb 17, 2:00-3:00pm
With Janet L. Parnes, Etiquette Consultant, at the Islington Community Center
Fee: $30 Min 6/Max 10
Pink & silver prevail at this event! Decked out in capes and tiaras/crowns, participants introduce themselves, shake hands and practice table manners in a setting befitting them (china/linens - no paper products for these royals) with special "tea" (pink lemonade) treats and sweets, a tea-party tale and Lady J's hilarious story/game "The Polka-Dot Princess." Drop off children or stay and watch festivities.

MAGIC WORKSHOP Ages 6 & up
Wed, Feb 17, 10:30 - 11:45 am
With Joe Carota at the Thurston MS Annex
Fee: $20 Min 5/Max 15
The art of magic builds confidence and enhances creativity. Be one step ahead of others when performing. Along with hands-on instruction, each participant receives the props and instructions necessary to perform each trick and leaves with a full bag of tricks for home.

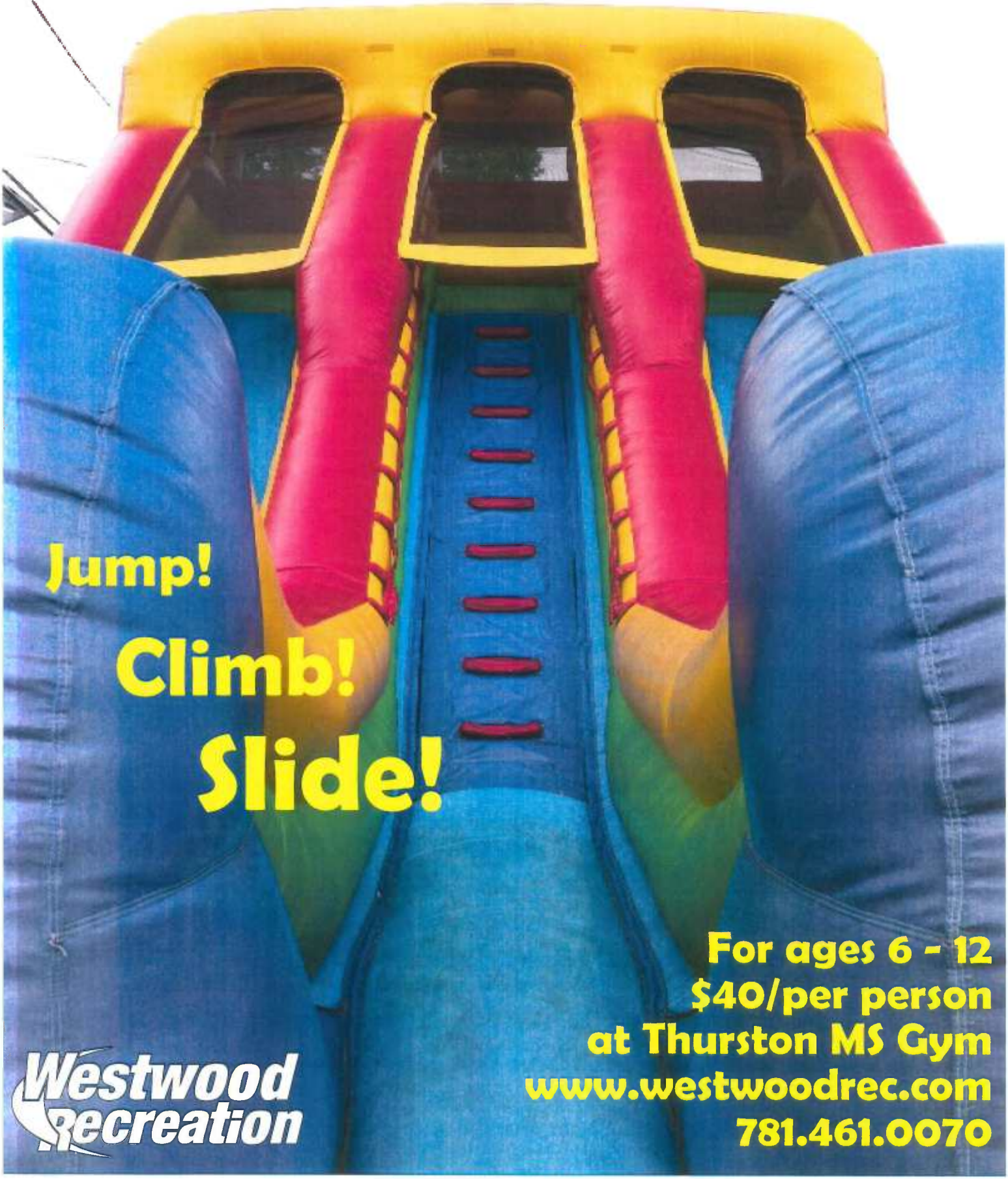
5 MANNERS FOR CHILDREN Ages 8-11
Thu, Feb 18, 2:00-3:30pm
With Janet L. Parnes, Etiquette Consultant, at the Islington Community Center
Fee: $40 Min 6/Max 12
Children will learn simple skills that will make interacting with adults more enjoyable for everybody! Props, stories, role play and head-scratching questions will make learning fun! Children learn skills associated with the following: Introducing themselves, dining with grace and ease, and general social skills.

Registration at
www.westwoodrec.com
781.461.0070

Vacation Inflatable Day

Wednesday, Feb 17, 10am - 1pm

Register today! Must meet minimum enrollment by Feb 5.



For ages 6 - 12
$40/per person
at Thurston MS Gym
www.westwoodrec.com
781.461.0070

Westwood Recreation

February Vacation Programming

Children's Department @ Westwood Library

Family Yoga @ the Islington Branch: For families with children ages 3-5. Families with young children are welcomed to come participate in an easy & fun yoga session together!

Tuesday, February 16, 9:30 am ***Registration is required.**

Wii Just Dance for Kids: Get ready to dance! Think you have some sweet moves? Want to see if you can out dance your favorite librarians? Come for an afternoon of playing the wii game *Just Dance* and maybe even win a prize! No registration.

Tuesday, February 16, 2 pm

***ART Incubator – Paper Crafts**: Kids grades 4 – 6. Come and join us for some simply origami and making monster bookmarks! We will provide all the materials and some basic instruction.

Wednesday, February 17, 2 – 2:45 pm ***Registration is required.**

Family Fort Night @ the Islington Branch: Family with children are welcomed to come to the Islington Branch to listen to a few stories and then build forts together around the Branch to snuggle and read in together. Please bring your own sheet or light-weight blanket for fort-building. No registration.

Wednesday, February 17, 6:30 – 8 pm

Make & Take: Snowman Story @ the Islington Branch: For kids ages 3 - 7. Come listen to a winter story and then make a craft to bring the story to life again and again!

Thursday, February 18, 9:30 am

Creature Teachers – Animals from Around the World: Families with children in grades K & up. Come take a trip around the world with us and find out where animals come from. This program explores the diverse habitats of our planet and the animals that live within them. No registration.

Thursday, February 18, 2 pm

Jungle Encounters – Wild Cats 101:** Families with children **ages 6 and up**. This show will give you a greater understanding of the wild felines that live among us! You will learn how they survive in the wild, what they eat, what eats them and more! You will meet a few of our amazing animal ambassadors during the show and learn how you can help their wild cousins. **PLEASE NOTE:** Due to the presence of live cats, ***this show is strictly ages 6 & up per the specifications provided by the cats' handlers.

Friday, February 19, 10 am ***Registration Required**

Minecraft Madness: Kids in grades K – 6 and a parent/caregiver. Do you LOVE all things Minecraft? Come to the library for an afternoon where we celebrate all things pixelated! Featuring creeper toss and slime knockdown games, make your own Minecraft mask and pixel art. Come while supplies last. No registration.

Friday, February 19, 2 – 3 pm

Saturday Storytime: For families with children. Families will hear stories, rhymes, songs, & more at this special, Saturday morning storytime. What a perfect way to start the weekend together! No registration.

Saturday, February 20, 10:30 am

Program Registration

You may register for a program at the Children's Department ASK! Desk, by phone at (781) 320-1042, through the website's calendar, or by emailing us at wwdchildrens@gmail.com with: the child's name, their age, and a contact phone number. Email and online calendar registration is not considered complete until you receive a confirmation from the Department. Go to www.westwoodlibrary.com for more information.

WESTWOOD HIGH SCHOOL

PRESENTS

$10 STUDENTS AND
SENIOR CITIZENS
$15 ADULTS

MARCH 10 & 11: 7:30
MARCH 12: 2:00 & 7:30

FOLLOW US:9 TO 5 AT WESTWOOD HIGH SCHOOL

HTTPS://SITES.GOOGLE.COM/A/WESTWOOD.K12.MA.US/WHS-DRAMA/HOME/SPRINGMUSICAL

PRESENTED BY ARRANGEMENT WITH
MUSIC THEATRE INTERNATIONAL
WWW.MTISHOWS.COM

THE DRAGONFLY THEATER

Presents

My Dearest Friend

~The letters of John and Abigail Adams

By Caroline Hughes

One Weekend Only!

Church of the Good Shepherd

62 Cedar St., Dedham

February 12th &13th at 8pm

February 14th at 2pm

All Tickets $10

DRAGONFLYTHEATER.NET

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The Ōil Guy

Todd Hart, aka The Oil Guy, will lead an introductory workshop about essential oils. Information will focus on the different ways to utilize oils, with discussion about individual oils and their benefits. There will be time for Q&As. No registration is required and all are welcome! *This program is part of Live Simple. Live Better- A Year of Wellness at the Westwood Public Library.*

MONDAY, FEBRUARY 22, 2016

7:00 PM IN THE COMMUNITY ROOM

QUESTIONS? Please call 781-320-1045, or email mriportella@minlib.net!

Live Simple.
Live Better.
A year of wellness.
Westwood Public Library

ONE FOR THE TEAM

Show your team spirit by joining us for a fundraiser to support Martha Jones PTO. Come in to the Chipotle at **217 University Avenue** in Westwood on **Wednesday, February 24th** between **3:00pm** and **8:00pm**. Bring in this flyer, show it on your smartphone or tell the cashier you're supporting the cause to make sure that 50% of the proceeds will be donated to Martha Jones PTO.

CHIPOTLE
MEXICAN GRILL

Dedham School of Music

Looking for a fun activity?

Shake off the chills of winter and come to the Dedham School of Music's

Carnevale Party!

Mask making, Selfie photo booth, Face painting, Fun food & drinks, Prizes for anyone dressed in costume, performances by Dedham School of Music students & faculty and more!

25 raffle items &
3 silent auction items

Entry is $20 per family & includes all food, drinks and activities!

Saturday, February 27 from 2-4 PM
Mother Brook Arts & Community Center
123 High St., Dedham, MA
To purchase tickets, go to: www.dedhamschoolofmusic.org

The IAM Strong Foundation

with the support of the Westwood Council on Aging

Presents

Messages of Hope

Sunday February 28, 2016
1-3pm
Westwood Senior Center, Nahatan St. Westwood

Join us for an opportunity to send your support to those who need it... sometimes just knowing you are not alone can make all the difference.

Drop in, create your message, and let them know they matter, they are not alone and it gets better by:

Writing a note
Drawing a picture
Creating a poem

We supply the materials and the snacks, you supply the messages...

We will share your messages with teens who need some support by delivering them to kids who are hospitalized, posting them online and in print.

Please join us for this special opportunity to give back!

IAM strong

IAM Strong Foundation

The IAM Strong Foundation, which seeks to shatter the stigma surrounding teen mental health issues, is pleased to announce its second grant cycle. The grant cycle opened on February 1st and will extend through April 1st. Grants will be awarded on or before May 1st.

The first IAM Strong Foundation grant cycle took place this past Fall. The grants that were awarded funded an adolescent development speaker series at Thurston Middle School, teacher and staff attendance at a regional mental health conference, and a girl scout project for an original film about adolescent mental health struggles.

The IAM Strong Foundation is prepared to award up to $15,000 in grant monies. Grant applications from all local communities are welcome. Grant applicants must be non-profit organizations or affiliated individuals who share a vision that aligns with the values and mission of the IAM Strong Foundation. Through their grant cycles, the IAM Strong Foundation seeks to continue to open the conversation about adolescent mental health, to provide support to those who are struggling, and to provide education for parents, teachers, and adolescents. All applications must be received by April 1st, 2016, and applicants will be notified by May 1st. Grant applications and details about the grant process are available at www.iamstrongfoundation.org. Email grants@iamstrongfoundation.org with any questions or requests for further information.

Westwood Public Schools - Preschool Screening

Massachusetts Special Education Law states that each school district shall conduct screenings for three and four year olds. This screening is designed to review a child's development and to assist in identification of those children who should be referred for an evaluation to determine eligibility for special education services. Participation in the screening is optional.

In accordance with the law, the Westwood Public Schools will conduct screenings of children throughout the school year. Please call Jeanne Bylsma Administrative Assistant at 781-326-7500, ext. 5113 to schedule an appointment for your child.

Screening Date - *Please register at least one month in advance.*

February 24, 2016

Westwood Public Schools does not discriminate on the basis of race, color, sex, age, religion, disability, national origin or sexual orientation.

Westwood Early Childhood Welcomes...

CHARLIE APPELSTEIN, MSW

A well known national speaker, author and consultant

Help Your Kids Be All That They Can Be

Positive Approaches to Parenting Young Children Birth through Grade 3

WHAT

This four-part workshop series will present a host of principles and techniques that help parents maximize the greatness that exists in every child and family. Topics covered include:

01 What is strength-based parenting?

02 How can parents create energizing mindsets in young children?

03 What are some key communication techniques?

04 What strategies enhance self-esteem in young children?

05 How do parents implement structure and discipline? (consequences vs punishment)

06 How do parents manage their own emotions and responses (respond instead of react) and teach children self-management techniques

WHEN

Monday Nights
March 14, March 21, April 4, April 11
6:30pm-8:30pm

REGISTER!

Space is limited! Register early at:
http://tinyurl.com/wecccapp

★ FREE EVENT ★

WHERE

Westwood Main Library
660 High St, Westwood, MA 02090
www.westwoodlibrary.org
(781) 326-7562

Light refreshments will be served.

NEED CHILDCARE?

If you need childcare during the workshops or have any additional questions, please contact:

Janet Lucey
jlucey@westwood.k12.ma.us
(781) 461-9548
www.westwood.k12.ma.us/early-childhood-council/

SPONSORS

Funded by a generous grant from the Foundation for Westwood Education.
Supported by the Westwood Public Library, Westwood Public Schools, and MA Department of Early Education and Care

FOUNDATION FOR WESTWOOD EDUCATION

BRAIN BUILDING IN PROGRESS

eec

WESTWOOD PUBLIC LIBRARY

MMO Nursery School

288 Washington Street
Westwood, MA 02090
781/326-7448
mmonurseryschool@verizon.net

Ongoing Registration

We are currently accepting registration for our 2016-2017 Jr. Preschool Program.

- Classes for Children ages 2 – 3 years old
- Lunch Program
- School Calendar – September through June

For more information, please visit our website
www.mmonurseryschool.com

National Charity League, Inc.®

MOTHERS AND DAUGHTERS SERVING COMMUNITIES TOGETHER

Join the Blue Hills Chapter of the National Charity League, Inc. The largest Mother-Daughter Volunteer Organization in the Nation

National Charity League, Inc., the oldest and largest mother-daughter volunteer organization in the nation, gives mothers and daughters unique opportunities to strengthen their bond while growing together, sharing of themselves and improving their communities. It is the only national organization committed to fostering the mother-daughter relationship through philanthropic, leadership and cultural activities together and in peer groups.

To be eligible for membership in the Blue Hills Chapter, daughters must reside or go to school in the Westwood, Canton, Walpole, Medfield, and surrounding towns in the Blue Hills area and currently be in the 6th – 9th grades.

Together we can make a valuable impact on our daughters' lives and our community at large! For more information on becoming a member, please contact Theresa Grady NCL, Inc., Blue Hills Chapter, Vice President of Membership & Standards at tgleasongrady@hotmail.com

We currently have Westwood mother-daughters participating in grades 7th-12th. If you have questions contact Robin Bornstein, NCL, Inc., Chapter President at Robinbornstein@gmail.com or 617-678-8523. We enjoy working with Westwood Food Pantry, Westwood Secret Santa, Alzheimer's Awareness, American Cancer Society to name a few. For more information on the organization visit www.nationalcharityleague.org

Plan Summer

76 days of school vacation - Plan them all in one afternoon.

Discover Summer!

SUMMER CAMPS & ACTIVITIES FAIR

Saturday, March 5 • 11:30 am - 1:30 pm
Avery School, 336 High Street, Dedham
Ages 2-17
Free Admission!

Considering overnight camp for your child or teen this summer? Interested in exploring day options? Join us to chat with representatives from 50+ summer programs. Traditional day and overnight camps, unique programs focusing on academic enrichment, STEM, the arts, sports – we have something for everyone!

Amazing give-aways & exclusive offers.
Win FREE or DISCOUNTED TUITIONS!

Questions? Email Kara at discoversummercampfair@gmail.com
www.facebook.com/discoversummer.campfair
Snow date March 12

Overnight Camps from

Maine

Massachusetts

New Hampshire

Pennsylvania

Vermont

Day Camps & Other Activities from

Boston

Canton

Dedham

Dover

Hyde Park

Lincoln

Milton

Natick

Needham

Newton

Norton

Norwood

Sharon

Waltham

Wellesley

Weston

Westwood

West Roxbury

Tell-A-Friend!

Ask friends from neighboring towns & across the region to get us on their schools' email distribution lists, Websites or PTO Facebook pages and be entered into our "Tell-A-Friend" raffle.*

Bring-A-Friend!

Grab a buddy to come with you on the day of the fair and be entered into our "Bring-A-Friend" raffle!**

Do Good!

Our friends at local non-profit Catching Joy will host a sock drive in conjunction with our event. Bring new socks with you to donate to area children in need and *do good* while looking for something *good-to-do* this summer!

*Tell-A-Friend Promotion: Take a picture or a screenshot of the announcement and get a raffle ticket for each listing. Show your screen shot or photo at the registration table to claim your raffle ticket(s). The more you spread the word, the more chances to win! High schools, middle schools, and elementary schools are all appropriate audiences as we have offerings from preschool to high school!

**Bring-A-Friend Promotion: Check in with a friend at the registration table to claim your raffle ticket(s). The more friends you bring, the more chances to win!

Raffle prizes will be announced on our Facebook page soon!
www.facebook.com/discoversummer.campfair