

Come experience Hale's female outdoor leadership program for 6<sup>th</sup>-8<sup>th</sup> graders.

The Girls with Altitude program creates a strong community for middle school girls to be themselves, take on new challenges, and build their potential as young leaders.



## Sign up for winter sessions today!

\*Mid-session enrollments are pro-rated.

Outdoor Living Skills • Team Leadership • Identity and Self-Esteem
Games and Sports • Physical Wellness and Body Image • Cooking
Emotional Health • Art and Media • Challenge Course
Friendships and Communication • Teambuilding
Goal Setting • Stress Management



For questions or to register, contact Emily Rivard (Program Coordinator) at erivard@halereservation.org.

www.halereservation.org