# Westwood Early Childhood Winter 2020

## Parent child Activities

Registration is required for most programs and available to all Westwood residents. Please register for only the programs you are committed to attend.

#### **WEEKLY PROGRAMS**

Little Music Makers: (all ages) Join Megan McQuirvy for an interactive children's sing and sign class. Children and parents/caregivers will find themselves clapping, singing, and signing to new and familiar songs.

Temple Beth David: Tuesdays, February 25th , March 3rd, 10th, 17th, 24th, 31st @ 10:00 AM Register: http://tinyurl.com/weccmmon

Baby Kneads: (birth-6 months) Join Sheryl White as she helps parents learn to soothe, connect, and communicate with their babies. Monthly topics include "Infant Growth and Development", "Baby Massage", "Sign Language" and more.

Westwood Public Library: Mondays, Jan 27th, Feb 10th, 24th, March 9th, 23rd, April 6th, 13th,

27th @ 10:30-11:30 AM

Register: https://tinyurl.com/cfcebaby

Run and Fun (12 months and up) Join Tarynne Steenkamp for an interactive hour filled with gross motor activities and enriching games. Enjoy obstacle courses, bean bags, parachute play, and more. Westwood Public Library: Fridays Jan 10th, 17th, 24th, 31st, Feb 7th, 14th @ 10:30AM

Register: http://tinyurl.com/wecctap



Save the Date! Portraits in the Park Annual Fundraiser Sunday May 17th! Family/Individual Photo Sessions by Professional Photographer Caroline Maguire

## Join the Early ChildhoodCouncil!

Meet great people and make a difference for children in Westwood.

Meetings are held Mondays
1/27, 2/24, 3/30, 4/27, 5/18
@ 1:15-2:15pm Westwood Library
Bring your input! Children welcome



Volunteers Needed!
We are in need of volunteers to help with special events, family activities, fundraising and take home projects. Please call or email if you can help!

STEM Investigations (Ages 3-5) Bubbles, building structures, numbers, counting and more! Join Janet Lucey to explore hands on activities related to Science, Technology, Engineering and Math. Observe, investigate, experiment!

Westwood Public Library Thursdays Jan 9th, 16th, 23rd, 30th @ 1:30 PM Register: http://tinyurl.com/weccsteminy

IN PROGRESS

#### MONTHLY PROGRAMS

Saturday Active Gym: (Ages 3-5) Gym teacher Pat Foley organizes fun, non-traditional games and activities. Children and their parent/caregiver participate in group games using balls, hoops and parachute. Join him for the famous Cat and Mouse game!

Deerfield Gym: Saturdays, Dec 14th, Jan 11th, Feb 8th, March 21st 10:00 and 11:00 sessions Register: http://tinyurl.com/weccsagplay

Little Yogis: Children ages 3-7 and their parents will learn simple yoga poses as they act out animals or characters from familiar stories. Erin Mann is a certified yoga instructor.

Westwood Public Library: Saturdays, Jan 4th, Feb 1st, March 7th, April 4th. @ 10:30 AM Register: http://tinyurl.com/weccly

Fine Motor Fun: Children ages 3-6 with parent/caregiver will join Janet Lucey in fun activities to develop and strengthen the small muscles of the fingers and hands.

Temple Beth David: Thursdays, Dec 12th, Feb 13th, March 12th, April 2nd, May 14th @ 1:30 PM Register: http://tinyurl.com/weccfmf\_

The Westwood Early Childhood Office is home of the Coordinated Family and Community Engagement Program. (CFCE) We serve families with young children. In an effort to support parents in their role as their child's first teacher, we have coordinated these programs to provide enriching interactions between parents/caregivers and children.

Our goal is to provide programs that are inclusive and supportive to children of all abilities and their families. All Westwood residents are welcome and encouraged to attend.. If access to or participation in a program or event presents a concern for any reason, please contact Janet Lucey.

### **Contact Information:**

Janet Lucey, Coordinator Westwood Early Childhood Office Hanlon School 790 Gay St. Westwood, MA 02090 (781) 461-9548

Please visit our website http://www.westwood.k12.ma.us/early-childhood-council/ or email Janet Lucey at jlucey@westwood.k12.ma.us or find us on

Thanks to the fundraising efforts of the Early Childhood Council, and generous donations from the Westwood Young Women's Club, and Foundation for Westwood Education, these programs are free of charge. We fund raise throughout the year and would appreciate any support you could offer whether as a financial donation or as volunteer hours.