

WESTWOOD EARLY CHILDHOOD

PARENT/CHILD PROGRAMS

FALL 2016



The Westwood Early Childhood Office is home of the Coordinated Family and Community Engagement Program. (CFCE) We serve families with young children. In an effort to support parents in their role as their child's first teacher, we have coordinated the following programs to provide enriching interactions between parents/caregivers and children.

Thanks to the fundraising efforts of the Early Childhood Council, and generous donations from the Westwood Young Women's Club, these programs are free of charge. We fund raise throughout the year and would appreciate any support you could offer whether as a financial donation or as volunteer hours. Please contact Janet Lucey if you can help us.

Registration is required for most programs and available to all Westwood residents.

Please visit our website <http://www.westwood.k12.ma.us/early-childhood-council/> or email Janet Lucey at jlucey@westwood.k12.ma.us for more information.

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MONTHLY PROGRAMS

Infants (birth through 16 months)

Babies In The Mix

Join Debbi Shamon, LICSW this supportive group where parents and their babies up to 12 months share and learn together. We'll sing, read, play and explore while discussing parenting, child development and related topics. Registration preferred

Tuesdays: 10/25, 11/29, 12/20
9:30 - 10:30 a.m. at the Westwood Branch Library
Register here: <http://tinyurl.com/weccbbmix>

Toddler (12 months through 36 months)

Toddler Active Play:

Join Deb Arcsot, WPS PT, for an obstacle course, beanbag toss, bowling and other gross motor activities. Parents assist their child with developing motor skills and then come together as a group for parachute play, singing and dancing.

Fridays: 10/21, 11/18, 12/16
10:00 - 11:00 a.m. at the Westwood Main Public Library
Register here: <http://tinyurl.com/weccatap>

Preschool (3-5 years)

STEM Investigations:

Bubbles, building structures, numbers, counting and more.....Join Meghan Cullen to explore hands on parent/child activities related to Science, Technology, Engineering and Mathematics. Stories and projects will be incorporated.

Thursdays: 10/20, 11/17, 12/15
1:00 - 2:00 p.m. at the Westwood Main Public Library
Register here: <http://tinyurl.com/weccsteminv>

Saturday Active Gym:

Gym teacher Pat Foley organizes fun, non-traditional games and activities for children ages 3 and 4. Children and their parent/caregiver participate in group games using balls, hoops and a parachute. Join him for the famous Cat and Mouse Game!

Saturdays: 10/15, 11/5, 12/10
2 Sessions: 10:00 - 10:45 a.m. or 11:00 - 11:45 a.m. in the Deerfield School Gym
Register here: <http://tinyurl.com/weccsagplay>

All Ages

Beyond The Book: A Play and Learn Book Club

Join other families for an informal playgroup as we discuss the joys and challenges of parenting young children. Children participate in enriching activities while parents enjoy lively discussion. Each month will feature a book of the month for parents as well as one for children. Book Copies are available at the Westwood Main Library.

Mondays: 10/17, 11/14, 12/12

10:30 - 11:30 a.m. at the Westwood Main Public Library

No Registration Required.

Family Play Group:

Playdough, puzzles, letter/number activities, blocks and other manipulatives found in a preschool classroom are available for children and their parent/caregiver. Meghan Cullen uses a variety of materials to develop skills for children of all ages! Come explore and meet other families of young children!

Wednesdays: 10/19, 11/16

10:00 - 11:00 a.m. at the Westwood Integrated Preschool

Register here: <http://tinyurl.com/weccfpg>

Musical Mondays:

Join Tina Stone for a fun, interactive children's sing-a-long. Children and their parents/caregivers find themselves clapping, singing and dancing to Tina's lively performances. Start your week with a tune!

Mondays: 10/3, 11/7, 12/5

10:00 - 10:45 a.m. at the Westwood Main Public Library

Register here: <http://tinyurl.com/weccmmon>

Walk, Talk and Read:

Lizzy McGovern, Children's Librarian and a Naturalist from Hale Reservation will read a story pertaining to nature or the environment followed by a short walk through Hale discussing theme.

Mondays: 10/24, 11/28

10:00 - 10:45 a.m. at Hale Reservation (10/24 session is at Trading Post) (11/28 is at Powissett Lodge)

Register here: <http://tinyurl.com/weccwtread>

Preschool & School-Age (3-7 years)

Little Yogis

Children ages 3-7 and their parents will learn simple yoga positions as they act out animals or characters in familiar stories. Erin Mann is a certified yoga instructor. Please bring a yoga mat or towel.

Saturdays: 10/1, 12/3

10:30-11:30 a.m. at the Westwood Main Public Library

Register here: <http://tinyurl.com/weccly>

Special Events

StoryWalk

StoryWalks TM provide an opportunity for parents, caregivers, and children to spend time outdoors, get exercise, and enjoy literature. The Early Childhood Office has partnered with Powisset Farm in Dover to provide a fall StoryWalk. Come at your own leisure to the farm and follow the signs as you read the pages of *It's Fall* by Linda Glaser. Please remember to sign the guest list. All ages invited.

Mon. 10/1-10/31

During Farm Hours (Dawn to Dusk)

37 Powisset St. Dover

There is no need to register for this event. It is self-directed.