



# SBIRT Update

5/17/2018

Westwood School Committee

Abigail Hanscom



## **Westwood will screen in 2018 - 2019**

Screening, Brief Intervention and Referral to Treatment

WHS team of 8 staff to be trained in June

10th grade screening to start in February 2019



## **Second Grade Level - Middle School**

Principal, Assistant Principal and both guidance counselors are now known

Can be trained in Fall

Decision - grade 7 or 8

See Screening Tool Questions...



## Sample Screening Questions -

...Use any marijuana or synthetic marijuana?

...Take a prescription medication or pill that was not prescribed to you or more than prescribed?

...Use anything else to get high?

...Ridden in a car driven by someone who was “high” or using alcohol or drugs?



# Discussion

Recommended grade levels for 2018 -2019 - Grades 8 and 10

Comments, Discussion and Feedback welcome



# The CRAFFT-II Questionnaire

Please answer all questions honestly; your answers will be kept confidential.

## DURING THE PAST 12 MONTHS, ON HOW MANY DAYS DID YOU...

1	Drink more than a few sips of beer, wine, or any drink containing alcohol?	PUT 0 IF NO USE		
2	Use any marijuana (for example, pot, weed, or hash) or "synthetic marijuana" (for example "K2" or "Spice")?	PUT 0 IF NO USE		
3	Take a prescription medication or pill that was NOT prescribed to you or MORE than was prescribed to you (for example, prescription pain pills or ADHD medications)?	PUT 0 IF NO USE		
4	Use anything else to get high (for example, other illegal drugs, over-the-counter medications, and things that you sniff or "huff")?	PUT 0 IF NO USE		
5	Have you ever ridden in a <b>CAR</b> driven by someone (including yourself) who was "high" or had been using alcohol or drugs?	<table border="1"> <tr> <td>YES</td> <td>NO</td> </tr> </table>	YES	NO
YES	NO			



If **no days** of use, then **STOP here.**



If **any days** of use, **ASK ALL CRAFFT ?s BELOW.**

6	Do you ever use alcohol or drugs to <b>RELAX</b> , feel better about yourself, or fit in?	<table border="1"> <tr> <td>YES</td> <td>NO</td> </tr> </table>	YES	NO
YES	NO			
7	Do you ever use alcohol or drugs while you are by yourself, or <b>ALONE</b> ?	<table border="1"> <tr> <td>YES</td> <td>NO</td> </tr> </table>	YES	NO
YES	NO			
8	Do you ever <b>FORGET</b> things you did while using alcohol or drugs?	<table border="1"> <tr> <td>YES</td> <td>NO</td> </tr> </table>	YES	NO
YES	NO			
9	Do your <b>FAMILY</b> or <b>FRIENDS</b> ever tell you that you should cut down on your drinking or drug use?	<table border="1"> <tr> <td>YES</td> <td>NO</td> </tr> </table>	YES	NO
YES	NO			
10	Have you ever gotten into <b>TROUBLE</b> while you were using alcohol or drugs?	<table border="1"> <tr> <td>YES</td> <td>NO</td> </tr> </table>	YES	NO
YES	NO			

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