

# Westwood Public Schools Food Service



The Westwood Public Schools Food and Nutrition Services is dedicated to advancing children's health and physical well-being by providing nutritious meals, promoting education and encouraging physical fitness, striving to encourage a lifetime of healthy nutritional choices and habits

## **We are what we eat.....**

**Over the last 3 years we have improved lunch service at every school level in Westwood Public Schools.**

- We offer a variety of healthy lunch options, daily vegan/vegetarian lunches as well as assorted fresh fruits and vegetables.
- Available upon request, we also offer gluten free pizza and gluten free breads.
- At Thurston Middle we introduced deli sandwich options as well as individual pizzas and fresh salads made in-house.
- At the High School, we rolled out “The Healthy Corner”, which offers vegan/vegetarian options once a week.



# Outside the Box

Last school year we provided lunch service to Intrepid Academy at Hale.

This pilot program created an extra revenue of \$4800 with minimal investment.

If the program is hosted by Hale in the future (SY 19-20), we will again provide lunch service.



# National School Lunch Program and School Nutrition

*The National School Lunch Program (NSLP) is a federally assisted meal program operating in public and nonprofit private schools and residential child care institutions.*

Participating school districts and independent schools receive cash subsidies and USDA Foods for each reimbursable meal they serve.

In exchange, NSLP institutions must serve lunches that meet Federal meal pattern requirements and offer the lunches at a free or reduced price to eligible children.

**A reimbursable meal must contain a serving of each of the following:**

Protein (or protein alternative), Grain, Fruit, Vegetable, Milk

**Cost of School Lunch and Milk in Surrounding Districts**

	Elementary	Middle	High	Milk
Walpole	\$3.50	\$3.75	\$3.75	\$0.50
Wayland	\$3.50	\$3.75	\$3.75	\$0.75
Dedham	\$3.00	\$3.25	\$3.75	\$0.50
Dover Sherborn	\$3.00	\$3.50	\$3.50	\$0.70
Canton	\$3.00	\$3.30	\$3.30	\$0.50
Norwood	\$2.75	\$3.25	\$3.25	\$0.50
<b>Westwood</b>	<b>\$2.75</b>	<b>\$3.00</b>	<b>\$3.25</b>	<b>\$0.50</b>
Needham	\$2.60	\$2.85	\$2.85	\$0.75

# Participation / Federal Reimbursement

School Year	Federal Reimbursement	Average Cost of lunch Westwood Public Schools
2014	\$2.70	\$2.81
2015	\$2.78	\$2.95
2016	\$2.86	\$2.95
2017	\$2.92	\$2.92
2018	\$3.00	\$2.96



# We propose to raise the lunch prices to keep up with increasing costs.

***Proposed Elementary: \$3.00 Proposed Middle and High: \$3.50***

## ***School year 2018/2019***

School	Avg. monthly lunch	revenue
Elementary	9371 X 2.75=	\$25,770.25*
Middle	3351 X 3.00=	\$10,053.00*
High	4682 X 3.25=	\$15,216.50*
Total-----		\$51,039.75*

**Average meal price \$2.96**

## ***School year 2019/2020***

School	Avg. monthly lunch	revenue
Elementary	9371 X 3.00=	\$28,113.00
Middle	3351 X 3.50=	\$11,728.50
High	4682 X 3.50=	\$16,387.00
Total-----		\$56,228.50

**Average meal price \$3.23**

\* Numbers are from October 2018

# Why it is time for a price increase FY'2019

- Federal reimbursement is at \$3.00 for a free lunch and \$2.60 for a reduced lunch.
- Our average Lunch charge is \$2.96, which is \$0.04 below the state rate for lunch.
- There has not been a price increase at the elementary schools in 10 years and it has been 5 years since an increase at the middle and high school.
- Cost of living increases have been passed on to the consumer, in this case Westwood Public Schools.
- We have increased our procurement of fresh ingredients and allergen free products.