



# Little Yogis

## Pajama Yoga Session



Join Erin Mann for stories, relaxing poses and calming music to help your little yogi get ready for bed.

Wear pajamas and bring a favorite lovey

For children ages 3-6 with a parent/caregiver

Thursday, February 29th  
6:30 - 7:15 p.m.  
Westwood Main Library  
Children's Room  
660 High St. Westwood



Registration required at <http://tinyurl.com/weccly>

For more information

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<http://www.westwood.k12.ma.us/early-childhood-council/>