

A free parenting series
co-sponsored by:

Walpole CFCE



Westwood CFCE



BABY KNEADS



SHERYL WHITE

Sheryl White has been teaching classes to parents, professionals, and caregivers since 1999. Sheryl is a certified Infant Massage Instructor, Reiki Master, mother of three and Baby Signer. She is a certified instructor of Joseph Garcia's International Sign 2 Me Presenters Network, a babies and toddlers signing program. Sheryl has also received training in her father-in-law's program, Dr. Burton White's "New Parents as Teachers" based on his book [The First Three Years of Life](#).



FOR PARENTS AND BABIES

BIRTH - 6 MONTHS

Bond with Your Baby

Join Sheryl White as she helps parents learn to soothe, connect, and communicate with their babies. Topics include Infant Growth and Development, Baby Massage, Sign Language, Sleep, Nutrition and more.

Mondays • 10:30 - 11:30 a.m.

October 21

November 4, 25

December 2, 9, 16

January 6, 13

Westwood Main Library

660 High Street

Westwood, MA



Preregistration for the series is required.

Open to parents from Walpole, Westwood, Medfield, Medway, Millis, Dover & Sherborn.

Sign up @ <https://tinyurl.com/WalpoleCFCE>

This series is sponsored by the Westwood Library & the Walpole CFCE and Westwood CFCE programs which are funded through the Massachusetts Department of Early Education and Care's Coordinated Family and Community Engagement Grant.

