

# NEWSLETTER

*Coordinated Family and Community Engagement (CFCE)*



WESTWOOD  
EARLY  
CHILDHOOD  
COUNCIL



## Highlights from the CFCE Office **FAMILY EDUCATION WORKSHOP**

We are partnering with the School Engagement Committee! Conversation with Caregivers Presents:  
***Can you Tell Me How to Get to Sesame Street?***

Join Bradley Freeman Jr., Sesame Street Puppeteer for this special family event. Save the Date: Sun 3/16 3:00pm Pine Hill Elementary School



## Spring Programs Registration Now Open!

**Joyful Journeys:** (birth-6 months) Join social worker Sarah Spinello for a parent/baby group! Weekly topics include infant development, self care for caregivers, sleep, community resources, attachment & nutrition for your family. Enjoy songs and stories followed by baby open play and knowledge sharing.

**Westwood Main Library**

**Fridays at 10:30 March 7, 14, 28 April 4, 11**

**Register online <https://westwoodlibrary.libcal.com/event/13285483>**

**Little Yogis:** (Ages 3-6) Join Erin Mann, a certified yoga teacher, with your children Children will learn yoga poses as they act out animals or characters from familiar stories. Please bring a yoga mat, towel or blanket and pajamas if you're signed up for Pajama Yogi's!

**Westwood Main Library**

**Pajama Yogis: Thursday March 6th 6:30-7:15**

**Little Yogi's: Saturday April 12th 10:30-11:15**

**Register: <http://tinyurl.com/weccly>**

### **Saturday Gym Play**

Ages 3-5 (not yet in kindergarten) Gym teacher Pat Foley organizes fun, non-traditional games and activities. Children and their parent/caregiver participate in group games using balls, hoops and parachute. Join him for the famous Cat and Mouse game!

**Two sessions: 10am or 11am**

**Martha Jones Elementary School: March 1, April 5**

**Register: <http://tinyurl.com/weccsagplay>**

## **Parent Education Series: Unpacking Parenthood**

Join social worker Sarah Spinello once a month for casual, fun conversations designed to build community and inspire tips and tricks for strengthening families.

Monthly topics include parenting styles and child development milestones, effective communication skills and collaborative problem solving with your children, family rituals, self-regulation skills and more!

**Westwood Public Library:  
Tuesdays 7:00 to 8:30pm  
March 4 & April 1**

<https://westwoodlibrary.libcal.com/event/12885055>

Janet Lucey, Early Childhood Coordinator: (781)329-6904, [jlucey@westwood.k12.ma.us](mailto:jlucey@westwood.k12.ma.us)

Sponsored by the Westwood Coordinated Family Community Engagement Program & Westwood Public Library

**Wentworth Hall Playgroup:** (all ages) Come have a ball at Wentworth Hall. Children of all ages with a caregiver are invited to explore, share and create together!  
**Wentworth Hall Lower Level**

**Tuesdays at 10:00**  
**March 11, 18, 25, April 1, 8, 15**  
**Register:** <http://tinyurl.com/WECCWHTUES>

**Thursdays at 10:00**  
**March 13, 20, 27 April 3, 10, 17**  
**Register:** <http://tinyurl.com/CFCEWHALL>

**Imagination Stations:** (ages 2-5) Monthly dramatic play sessions feature themes such as: vet clinic, farm stand, restaurant and more. Perfect for fostering pretend play and social skills in a fun and engaging setting! Watch imaginations come to life!

**Wentworth Hall Lower Level**  
**Mondays at 1:30**  
**March 10, April 14**  
**Register:** <http://tinyurl.com/cfceimagine>

**Preschool Story Craft:** (ages 3-5) Preschoolers and their caregivers are invited to join in for some stories and rhymes, followed by a seasonal craft! This program is presented as a partnership between the Westwood Public Library and Westwood Early Childhood Program.

**Westwood Public Library: Mondays at 4:00- 4:45**  
**March 24, April 28**  
**Register online** <https://westwoodlibrary.libcal.com/event/12883593>

**GLOW and GROW Playgroup:** (ages 3-6) This Glow in the dark event is designed for families with children ages 3-6. This program is presented as a partnership between the Westwood Early Childhood and Westwood High School Key Club volunteers.

**Wentworth Hall Lower Level: Thursday June 12 9:30 or 10:30**  
**Register online** <https://tinyurl.com/weccglowday>

Find more information and resources on our [website](#) and [Facebook](#) page or contact:  
Janet Lucey, Early Childhood Coordinator  
(781) 329-6904 [jlucey@westwood.k12.ma.us](mailto:jlucey@westwood.k12.ma.us)