

# Highlights from the CFCE Office

Westwood Little Free
Libraries encourage
families to read
together- located at
the School Street
Playground and Tot Lot
in need of books- Take
a book, leave a book.
Children, youth & adult
of all ages can share
books to read. Donate
gently used books you
have outgrown.

## **Winter Programs Registration Coming Soon!**

**Baby Kneads:** (birth-6 months) Join Sheryl White as she helps Westwood parents learn to soothe, connect, and communicate with their babies.

Westwood Public Library: Mondays March 4, 11, 18, 25 April 8, 15 @ 11AM-11:45AM.

Register: <a href="https://tinyurl.com/cfcebaby">https://tinyurl.com/cfcebaby</a>

#### Little Yogis Pajama Evening Yoga Sessions:

## Thursdays 2/29 & 4/4 from 6:30-7:15pm at the Westwood Main Library

Join Erin Mann, a certified yoga teacher, with your children (Ages 3-6) - on 2 special Thursday evenings in your pajamas!
Children will learn yoga poses as they act out animals or characters from familiar stories. Please bring a yoga mat, towel

Register: http://tinyurl.com/weccly

or blanket and ofcourse wear your pis!

#### **Saturday Gym Play**

## Saturdays-January 20, February 10, March 16 and April 27

Ages 3-5 (not yet in kindergarten) Gym teacher Pat Foley organizes fun, non-traditional games and activities. Children and their parent/caregiver participate in group games using balls, hoops and parachute. Join him for the famous Cat and Mouse game!

Register: http://tinyurl.com/weccsagplay

WINTER 2023 VOL.11

## Special Event Series-Parent Cafes



Attention Westwood parents of Young Children!
Join us for some fun, free, casual gatherings to discuss the joys and challenges of parenting. Take away tips and tools to strengthen your family! Refreshments will be provided.

Tuesdays: January 9, February 6, March 5 and April 2 7-8:30pm at Westwood Public Library

Register on the Westwood Library website for each specific date: https://www.westwoodlibrary.org

For more information, contact Janet Lucey, Early Childhood Coordinator: (781)329-6904,

jlucey@westwood.k12.ma.us

Sponsored by the Westwood Coordinated Family & Community Engagement Program, Westwood Library Westwood Youth and Family Services

## News from our Community Partners

Are you looking for a preschool for next year?

Programs are enrolling now!

### **Preschool Registration for Fall 2024:**

Programs in Westwood and surrounding communities are listed in our resource guide. For specific details regarding open houses and registration, look on the individual preschool websites.

Early Childhood Resource Guide <a href="https://tinyurl.com/cfceresdir">https://tinyurl.com/cfceresdir</a>







## Save the dates: Sensory Friendly Story times:

Wednesday February 7th and Monday March 18 @ 4pm For children ages 3-8 with special needs and an adult caregiver

Co-sponsored by the Westwood Early Childhood CFCE program and Westwood Public Library. Enjoy story time and play activities in this sensory friendly environment. Sign up with the library!

## nttps://www.westwoodlibrary.org

Find more information and resources on our website and Facebook page or contact Janet Lucey, Early Childhood Coordinator (781) 329-6904 jlucey@westwood.k12.ma.us