

# Westwood Early Childhood | Spring 2021

## Seasonal Activities

Registration is required for most programs and available to all Westwood residents.

Please register for only the programs you are committed to attend.

Priority will be given to children who are not in a formalized preschool program.

**Virtual Baby Kneads:** (birth-6 months) Join Sheryl White as she helps parents learn to soothe, connect, and communicate with their babies. Monthly topics include "Infant Growth and Development", "Baby Massage", "Sign Language" and more.

**Virtual Zoom Session: Mondays, March 1, 8, 15, 22, 29 April 5, 12 @ 10:30-11:15am**

**Register:** <https://tinyurl.com/cfcebaby>

**Stroller Stroll:** Bundle up your little one in the stroller and join us outside for a socially distanced meet up and leisurely walk. Connect with other parents and share resources in this supportive group that is facilitated by CFCE staff.

**Green spaces at University Station: Tuesdays, March 9, 16, 23 @ 9:30am.**

**Register:** <https://tinyurl.com/weccstrolls>



### Donate a book to the Read-in-Color Initiative

Please check out our [Amazon Wish list](#) and consider bringing a book to any of the outdoor activities you attend. These donations will help fill our Little Free Libraries with a wider variety of more diverse and inclusive books.

**Virtual Playgroup** (18month +) Join Tarynne Steenkamp, CCC-SLP, for a virtual story and circle time with What's in the box?

**Virtual Zoom Sessions: Mondays, March 1, 8, 15, 22, 29 @ 9:30am.**

**Register:** <https://tinyurl.com/weccvirtfpg>

**Spring Playgroup:** Join us for the outdoor Spring Playgroup for children and their caregivers. Put on your outdoor gear and get ready for some gross motor and fine motor fun at the Temple playground.

**Temple Beth David (7 Clapboardtree Street): Tuesdays, May 4, 11, 18, 25 @ 9:30am.**

**Register:** <https://tinyurl.com/wecplay>

**Little Yogis Outside:** Children ages 3-7 and their parents will learn simple yoga poses as they act out animals or characters from familiar stories. Erin Mann is a certified yoga instructor.

**Sheehan Tennis Court: Saturdays, April 24, May 1 @ 10:30 AM**

**Register:** <http://tinyurl.com/weccly>

**Saturday Active Gym Outside:** (Ages 3-5) Gym teacher Pat Foley organizes fun, non-traditional games and activities. Children and their parent/caregiver participate in group games using balls, hoops and parachute. Join him for the famous Cat and Mouse game!

**Sheehan Tennis Court: Saturdays, April 10, 17 @10:00am.**

**Register:** <http://tinyurl.com/weccsagplay>

**Saturday Run and Fun Outdoors:** (12mo-3 yrs) Join Tarynne Steenkamp, SLP for an interactive hour filled with gross motor activities and enriching games. Parents assist their mobile child with motor, language and social development. Enjoy obstacles courses, bean bags, parachute play and more. Join circle time for movement games that stimulate language and social skills.

**Sheehan Tennis Court: Saturday May 8, 15, 22, 29 @ 10:00 AM**

**Special day for fathers/male caregivers**

**Register:** <http://tinyurl.com/wecctap>



The Westwood Early Childhood Office is home of the Coordinated Family and Community Engagement Program. (CFCE) We serve families with young children. In an effort to support parents in their role as their child's first teacher, we have coordinated these programs to provide enriching interactions between parents/caregivers and children.



*Our goal is to provide programs that are inclusive and supportive to children of all abilities and their families. All Westwood residents are welcome and encouraged to attend.. If access to or participation in a program or event presents a concern for any reason, please contact Janet Lucey.*

## **Contact Information:**

Janet Lucey, Coordinator Westwood Early Childhood Office  
Hanlon School 790 Gay St. Westwood, MA 02090 (781) 461-9548

Please visit our website <http://www.westwood.k12.ma.us/early-childhood-council/> or email Janet

Lucey at [jlucey@westwood.k12.ma.us](mailto:jlucey@westwood.k12.ma.us)

Find us on [facebook](#)

&



Instagram @westwoodearlychildhoodcfce



Thanks to the fundraising efforts of the Early Childhood Council, and generous donations from the Westwood Young Women's Club, and Foundation for Westwood Education, these programs are free of charge. We fund raise throughout the year and would appreciate any support you could offer whether as a financial donation or as volunteer hours.