



# Girls Group

## 2018-2019 Group Description

This 12-week group will focus on navigating friendships, avoiding peer pressure, managing bullying, and exploring topics such as body image, confidence and self-esteem. This group is free of charge and open to Westwood residents in 4th - 6th grade.



**Wednesdays September 26th - December 19th  
4:00 - 5:00pm at the Islington Community Center**

## Program Details

- 8-12 participants in a group and two clinical staff leaders
- All girls should feel comfortable and able to be successful in a 1:6 adult-to-child ratio
- Registration is "first-come, first-served"

Contact: Nina Banozic, LICSW  
781-320-1006 or [nbanozic@townhall.westwood.ma.us](mailto:nbanozic@townhall.westwood.ma.us)

**Register online at:**

**<http://www.townhall.westwood.ma.us/yfs/default.htm>**