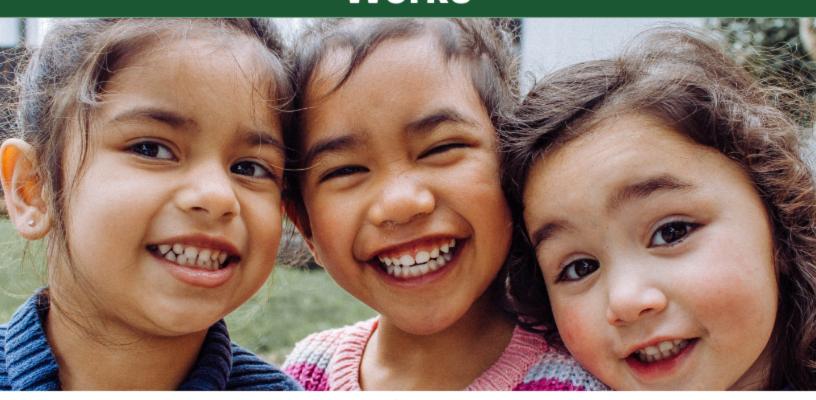
PARENT PROGRAM

How To Emotionally Equip Our Kids: Patterns to Foster, Patterns to Watch For, and Why Prevention Works



Lynn Lyons, LICSW and Co-Author of Anxious Kids, Anxious Parents: 7 Ways to Stop the Worry Cycle and Raise Courageous and Independent Children, will discuss strategies to help overcome anxiety, handle pressure, and manage the challenges of daily life.

THURSDAY, APRIL 4
7PM
DEERFIELD ELEMENTARY SCHOOL



