### District Bulletin



Information contained in this bulletin has been approved by the Office of the Superintendent for distribution on email listservs as a service to community organizations.

If you wish to have something posted in this bulletin, please contact John Cianciarulo at <u>jcianciarulo@westwood.k12.ma.us</u>. Note: Recreation, School, Scouting, Town Hall, and Westwood Sports flyers will be posted a maximum of three times. Flyers from businesses, churches, or outside groups will be posted once.









#### PLEASE MEUP CHILDREN IN NEED



#### MAYE A MAPPY MALLOWEEN



#### HOW YOU CAN HELP:

#### PLEASE PLACE GENTLY USED COSTUMES IN A PLASTIC BAG LABEL THE BAG WITH THE COSTUME AND SIZE:

(Example, "boys sz 5 Spiderman" or "girls sz 6 Snow White")

If you do not have a used costume, please consider purchasing a new costume with your child.

Ask what they would give another child who may not be able to celebrate Halloween without their help.

We also collect face paint, masks, trick or treat bags, candy, wings etc.

#### COLLECTION DETAILS:

WHEN: TUESDAY, OCTOBER 10TH - SUNDAY, OCTOBER 29th

(Costumes are picked up prior to Halloween to distribute across Massachusetts before Halloween)

WHERE: HALLOWEEN BIN at any WESTWOOD PUBLIC SCHOOL SEND your donation to SCHOOL or drop in the BIN at 42 PARTRIDGE DRIVE

Our family began this Halloween Drive fourteen years ago with our children. We are proud to say our little drive has grown from 25 costumes our first year, to over 10,000! Together, with you as our Halloween Angel Wings, we have brought smiles to so many children throughout Massachusetts! So many children count on these generous donations.

Please — consider making wishes come true for these children who write every year with a wish to celebrate Halloween. It is because of each of you, so many have had that chance!

THANK YOU IN ADVANCE FOR YOUR THOUGHTFUL CONSIDERATION AND SUPPORT!







Quapkins For Sale Oct. 14TH - Oct. 31ST



### First Parish Church Westwood

252 Nahatan Street, Westwood MA

Open Weekends:
Oct. 14th-Oct. 22nd
Open Daily:
Oct. 25th-Oct. 31st

**All Proceeds Benefit Charity** 



# YOU CAN BUY CUPCAKES WITH FOOD STAMPS, BUT NOT TAMPONS

There are 12,000 homeless women and 10,000 homeless girls in Massachusetts who face a humiliating reality: limited or no access to feminine hygiene products.

The Westwood Young Women's Club together with local business is supporting Dignity Matters by hosting a collection drive from October 16 – November 3.

Fight Poverty. Help local women. Support Dignity Matters.

Your donations of bras (new and lightly used), pads, tampons, and underwear (new, ages 5 years and up) help these women and girls stay healthy, boost school attendance, and live with basic dignity.

For drive information visit <a href="https://www.wywc.org/dignity-matters-drive/">www.wywc.org/dignity-matters-drive/</a>
To learn more about Dignity Matters visit <a href="https://www.dignity-matters.org/">www.dignity-matters.org/</a>

#### Donated items may be dropped off at the following locations:

ARCH Orthodontics, Westwood Core Asset Fitness Training, Westwood Dream Spa Medical, Canton Firefly Yoga, Westwood & Foxboro Get In Shape For Women, Westwood K&M Studio, Norwood Roche Bros., Westwood Rockland Trust, Westwood Shear Illusions Hair Studio, Westwood The Toast Office, Westwood Wellesley Pediatric Speech Therapy, Wellesley Westwood Family Chiropractic, Westwood Westwood Senior Center, Westwood Westwood Youth and Family Services, Westwood

# Y for Adults Book Club

You're never too old for YA!

Join like-minded adults to discuss these fine specimens of Young Adult literature! We'll have laughs, we'll have tears, we'll enjoy all the delicious angst without ever having to step inside a high school. Please join us for an excellent literary time!

Tuesdays, 7:00pm @ Chiara Bistro in Westwood

Oct. 17th: One of us is Lying by Karen McManus

 $\overline{ ext{Nov. 14th:}}$  The Sun is Also a Star by Nicola Yoon

Dec. 12th: Vanishing Girls by Lauren Oliver







Email Lizzy at ehmcgovern@minlib.net for more info

Appetizers will be generously provided by the Friends of the Westwood Library

## FOUNDATION FOR WESTWOOD EDUCATION

Calling all 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> grade students!





#### Friday, January 5, 2018

(Start times: 3<sup>rd</sup> - 3:30 pm, 4<sup>th</sup> - 5:15 pm, 5<sup>th</sup> - 6:45 pm) Westwood High School

#### Registration is open from October 18 to November 15

www.foundationforwestwoodeducation.org

#### To Register:

- Form a team of 3 or 4 students from your grade
- Choose a team name
- Register each team member online
- Study the word list at myspellit.com (all grades study entire list)
- And don't forget to design your team t-shirts

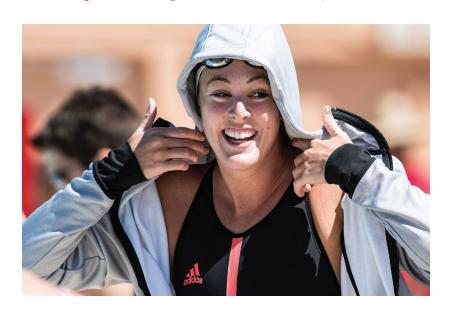
Registration fee is \$35 per student.

Any questions contact us at: events@foundationforwestwoodeducation.org

The Foundation for Westwood Education is a nonprofit, 501(c)(3) organization committed to support high quality education in our schools and enhance learning for Westwood residents of all ages. Funds raised at the Spelling Bee are returned to the community in the form of educational grants.

#### The IAM Strong Foundation

An Evening with Allison Schmitt



## Wednesday, October 18, 2017 The Norwood Theatre 109 Central St, Norwood, MA

**7:30pm** (Doors open at 7:00 PM)

Please join us for an evening of conversation with Allison Schmitt, American swimmer and eight time Olympic medalist as she shares with us her personal experience with depression and the need to shatter the stigma surrounding teenage mental health.

#### Free to the public

New socks and underwear will be accepted as a donation at the door, to benefit adults and teens receiving inpatient psychiatric care.

www.iamstrongfoundation.org









# OCTOBER 18TH HANLON PTO BAMBOO RESTAURANT FUNDRAISER

Bamboo will donate 20% of money spent (dine-in and takeout) to the Hanlon PTO!

5 pm - 8:30 pm

Don't forget to mention Hanlon when you order

Note: We earn money based on giving this flyer to your server. So, don't forget your flyer and feel free to make copies or take extras to share with

Dine to Make a Difference!

Hanlon PTO
Bamboo Restaurant
Fundraiser

**October 18th** 

5 pm - 8:30 pm

20% of all proceeds go to the Hanlon PTO!

Mention Hanlon when you order

#### **BAMBOO**

55 Ariadne Road Dedham, MA 02026

www.bamboogourmet.com

Questions: Amanda Phillips Amanda 9780@hotmail.com



#### We serve creative cuisine. And worthy causes.

Present this certificate to your server and Westwood Aid to the Elderly & Disabled Fund will receive 15% of your total purchase\*.

Valid: October 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> & 31<sup>st</sup> 2017

\*Excludes Alcohol, Tax and Gratuity



70 University Ave. Westwood, MA 02090 781.355.4400



#### **Westwood Library**

Teens/Tweens

October 20, 2017 3:00-5:00pm.

Make your own Mexican Day of the Dead Altar

Presented by: Janell Scannell & Lisa Walker

Snacks Provided!

Sign up at Reference Desk or call 781-320-1045

(Drop-ins welcome)

### Westwood Board of Health **Annual Family Flu Clinic**For residents ages 5 and older



#### Saturday, October 21, 2017 9:00 am to 12:00 noon Westwood High School Gymnasium 200 Nahatan Street, Westwood

- Vaccine will be administered first come first served.
- The registration form is on our website for you to print and complete before the clinic: www.townhall.westwood.ma.us (go to "flu information")
- Please bring your completed form, Insurance and/or Medicare cards. Copy your cards beforehand, if possible.
- Children under 18 must be accompanied by an adult.
- If you have questions, please contact the Health Department at <a href="mrc@townhall.westwood.ma.us">mrc@townhall.westwood.ma.us</a> or call 781-320-1026/1027.





#### Open House

OCTOBER 22ND

9:30 AM - 11:00 AM

**AGES 3-8** 

#### Run. Play. Laugh. Grow.

A fun free way to come and see what Little All-Stars has to offer! Athletes can come for a portion of the sesion or the whole thing, we will be playing fun and interactive games for the kids to run and have a blast.

- www.competeindoorsports.com/littleallstars
- Lacey@competeindoorsports.com

- **\** 781-352-2866
- 576 Pleasant St, Norwood, MA







# Be a Victor! Not a victim Bullies to Buddies Seminar

James Keyes - Self-Defense and Child Success Expert teaches:

### How to Stop being Teased and Bullied without really trying

and

#### 8 Ways Your Child Can Defeat The Bully Without Violence

Bullying is linked by the CDC to isolation, drug abuse, school violence and suicide

Registration now open: <a href="http://bit.ly/BeAVictor-Anti-Bully-Seminar">http://bit.ly/BeAVictor-Anti-Bully-Seminar</a>

- Lesson 1 Know Why You Are Teased
- Lesson 2 Change Your Attitude
- Lesson 3 Three Warnings
- Lesson 4 How to Handle Rumors
- Lesson 5 How to Handle Physical Bullying
- Lesson 6 Getting Revenge
- Lesson 7 How To Stop People From Hating You
- Lesson 8 Have A Sense Of Humor
- Lesson 9 Lose Your Fear
- Lesson 10 Dealing With Brothers And Sisters
- Bonus Lesson Have More Friends

Ticket price \$60 for child admission Parents free with paid child admission

Ages 6 - 10 Mondays 6PM to 6:45 Oct. 23 & 30 Ages 11 - 14 Thursdays 6PM to 6:45 Oct 26 & Nov 2 Location: Rock On Adventure 661 Pleasant St., Norwood, MA Email jkeyes108@gmail.com 781-742-4888

### CAPTURING NATURE



# IN WESTWOOD ART EXHIBIT



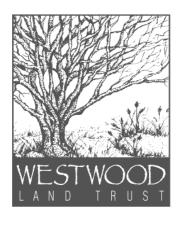
View Artistic Projects
Celebrating the Natural
Beauty Around Us



Opening Reception Thursday, October 26<sup>th</sup> 3:00 - 7:00 PM Westwood Public Library Refreshments served

Exhibit displayed through November 30th

Sponsored by Westwood Land Trust with support from Westwood Public Schools, Westwood Public Library, Westwood Artists and other local artist groups.



Call 781-326-5433 for more information.

### THE PHYSIOLOGY OF ADDICTION & THE DEVELOPING BRAIN

#### DR. RUTH A. POTEE

Dr. Potee, is a practicing family physician and addiction specialist in Western Mass, who has received national recognition for her work.



Discussion around: addictive substances, including alcohol, marijuana and opioids, and their impact on the developing brain. Questions to be addressed: Why do some people develop substance use disorders while others do not? What can be done to reduce the chance of addiction for children and ourselves?

Thursday October 26, 2017 7:00-8:30 PM

WESTWOOD HIGH SCHOOL AUDITORIUM

SPONSORED BY:



WESTWOOD HIGH SCHOOL PTO











#### DESSERT WITH THE SUPERINTENDENT

Please join Superintendent Emily Parks for **Dessert with the Superintendent** on Thursday, October 26 at 6:30pm in the Professional Development Room at Westwood High School. This is an opportunity to discuss your perspective on the district and your hopes and expectations for your children's experience in school.



EARLY HOLIDAY SHOPPING OPPORTUNITY!

# Get new gear for the upcoming season and support the WHS basketball programs!















### VISIT PTSTEAM.COM Click "Team Web Store"

Username: Westwood; Password: Basketball Store Deadline: October 29th

### WESTWOOD HOLIDAY GIVING PROGRAM

SINCE 1999 HUNDREDS OF WESTWOOD FAMILIES HAVE RECEIVED SUPPORT THROUGH THIS PROGRAM.

THIS CONFIDENTIAL GIFT GIVING PROGRAM MATCHES LOCAL DONORS WITH WESTWOOD FAMILIES WHO NEED ASSISTANCE PURCHASING HOLIDAY GIFTS FOR THEIR CHILDREN.

TO PARTICIPATE OR TO DONATE GIFTS PLEASE CONTACT WY&FS
BY **NOVEMBER 3RD**781.320.1006

781.320.1006 YOUTH@TOWNHALL.WESTWOOD.MA.US WWW.TOWNHALL.WESTWOOD.MA.US/YFS



Westwood High School Presents:



November 2nd @ 7:30 4th @ 2:00 & 7:30 Info & tickets at



# Westwood Youth Hockey



Registration is now open for Learn to Skate, House League, and ADM Programs Register at www.wyh.org

<u>Learn to Skate</u> (LTS) is for boys and girls ages 4-7 with little or no skating experience. We work in small groups and cover proper skating stride, balance and agility, and some basic edge work. Late in the season we introduce some basic hockey skills. The goal is for the children to gain confidence on the ice while developing their skating abilities in a relaxed and fun atmosphere. *One session per week*.

- Classes are Saturdays 8:40am at the Babson Rink in Wellesley
- Tuition is \$190 for one 10-week session and \$350 for both sessions (20 weeks). 50% discount for 2nd family member in the Learn to Skate program
- Session 1: November 11 to January 13, Session 2: January 20 to March 24

<u>House League</u> (HL) is a learn-to-play hockey program for boys and girls (ages 5-7). Most participants are graduates of our LTS program and all have basic skating skills. The program starts November 11th and ends in late March. Full hockey equipment is required. *Two sessions per week*.

- > Weekly practices on Saturdays at 7:40am at Babson Rink
- > Weekly games on Sunday at 12:00pm or 1:00pm at Bajko Rink in Hyde Park
- > Tuition is \$700 for 20 weeks starting Nov 11th

WYH's American Development Model (ADM) emphasizes age-appropriate skill sessions and hockey development over winning games. This program is for children who have a minimum of 2 years of skating experience. Practices start in October with games starting in November and running through March. Full hockey equipment is required. 3-5 sessions per week.

- Weekly practice on Saturdays at Babson
- Weekly cross-ice games on Sunday mornings at Milton Academy
- Weekly skills sessions on Friday evenings at Bajko
- Short Wednesday's skills sessions at the Roche Center
- > Special tournaments and full ice games
- Tuition is \$975 and includes the cost of a tournament.