

# District Bulletin



@sheehan\_ps

*Information contained in this bulletin has been approved by the Office of the Superintendent for distribution on email listservs as a service to community organizations.*

If you wish to have something posted in this bulletin, please contact John Cianciarulo at [jcianciarulo@westwood.k12.ma.us](mailto:jcianciarulo@westwood.k12.ma.us). Note: Recreation, School, Scouting, Town Hall, and Westwood Sports flyers will be posted a maximum of three times. Flyers from businesses, churches, or outside groups will be posted once.

**17**

**THURSDAY, MAY 17**

**School Committee Meeting, 7pm, High School Little Theater**

**23**

**WEDNESDAY, MAY 23**

**Early Release Day**

**23**

**WEDNESDAY, MAY 23**

**Downey School ArtNight, 5:30pm-7pm & Hanlon School ArtNight, 5pm-7pm**



**Visit Us Online**  
[www.westwood.k12.ma.us](http://www.westwood.k12.ma.us)



**Follow Us on Twitter**  
[@westwood\\_ps](https://twitter.com/westwood_ps)



**Like Us on Facebook**  
[fb.com/westwoodschoools](https://fb.com/westwoodschoools)

**Westwood Public Schools  
Westwood, Massachusetts  
Kindergarten Screening  
Newspaper Announcement**

Under the requirements of Massachusetts Special Education Law, the Westwood Public Schools is required to screen all children entering kindergarten to identify students who may have a disability that would interfere with their ability to make effective progress in an educational environment. Kindergarten screening includes an assessment of the child's development in the areas of cognition, language, and motor skills.

If your child does not attend Kindergarten in the Westwood Public Schools and turned five years old by September 1, 2018, please contact the Westwood Public School's Student Services Department for a screening appointment. All screenings must be completed by October 31, 2018.

**Contact:**

Glen Atkinson, M.Ed., Ph.D.  
K-5 Student Services Dept. Heads  
Westwood Public Schools  
220 Nahatan Street  
Westwood, MA 02090  
781-326-7500 x5106

# WESTWOOD WIRE



HAVE YOU  
SIGNED  
UP?

## GET ALL THE LATEST NEWS STRAIGHT TO YOUR INBOX!

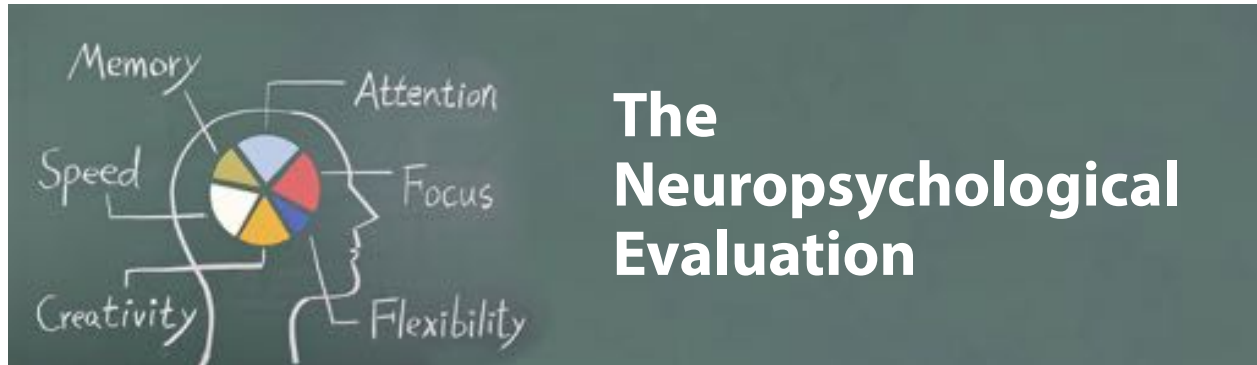
The Town now offers a monthly newsletter with community information!

[http://www.townhall.westwood.ma.us/towns/westwood\\_wire/default.htm](http://www.townhall.westwood.ma.us/towns/westwood_wire/default.htm)



# Westwood SEPAC

SPECIAL EDUCATION PARENT ADVISORY COUNCIL



Join us for a presentation from Dania Gaffin, Ph.D., a Westwood parent and owner of Child and Adolescent Psychological Services PLLC. [www.cap-psych.com/](http://www.cap-psych.com/)

Dania will be presenting and answering questions such as:

- Why and when would I seek a neuropsychological evaluation for my child?
- What are the long term benefits?
- How often should they be done?
- What is/is not typically covered by insurance?
- What's the difference between a school evaluation, private neuropsych testing, and hospital-based testing?
- What is the process and what should I expect?

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**Date:** Wednesday, May 16th, Networking @ 6:30pm, Presentation 7:00-9:00pm

**Location:** Westwood High School, 220 Nahatan Street

Park in the front horseshoe parking lot off Nahatan Street. Go through the doors marked "District Administration". Once inside follow signage to Professional Development Room.

Please join us as early as 6:30 for coffee/cookies and to socialize.

Join our closed Facebook Group: Westwood SEPAC-Special Education Parent Advisory Council

To volunteer, questions, or submit ideas on forum topics email: [westwoodsepac@gmail.com](mailto:westwoodsepac@gmail.com)

SEPAC Board: Megan Brenk & Meggan Flaherty, Co-chairs • Angela Pomarole, Secretary • Kelly Anderson, Treasurer



ARTS & CRAFTS + ARCHERY + FACE PAINTING + MAGIC



# inHale & Explore

We can't wait to meet you at our open house and family fun day. Enjoy a bounce house, snacks, self-guided hikes, and more as you learn about Hale's programs.

*You might even win a Hale Day Camp session or Hale Summer Club pass!*

**May 19<sup>th</sup> 11am-2pm**

**Powissett Lodge, 80 Carby Street, Westwood, MA 02090**

**RSVP at [www.halereservation.org](http://www.halereservation.org).**

**Cub Scout Pack 1 Islington**

and

**American Legion Post #320**

encourage you to

# **Retire Your Worn American Flags**

**10am – 3pm**

**Sunday, May 20<sup>th</sup>**

at

**American Legion Post #320**

**90 Deerfield Ave, Westwood, MA 02090**

If you have any questions please feel free to contact us at

[IslingtonCubs@gmail.com](mailto:IslingtonCubs@gmail.com)



**Prepared. For Life.®**



BOY SCOUTS OF AMERICA

# Martha Jones PTO

## *Benefit Night*

May 22nd, 2018 5:00-8:30pm

# BAMBOO

FINE ASIAN CUISINE & SUSHI

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55 Ariadne Road  
Dedham, MA  
781-251-2566

For Menu and Directions visit:  
[www.bamboogourmet.com](http://www.bamboogourmet.com)

Enjoy a wonderful dinner and help  
support the  
Martha Jones Elementary  
School.

Mention this fundraiser and 20% of  
all sales will be donated to the PTO.

\*\*\* Includes Take Out \*\*\*





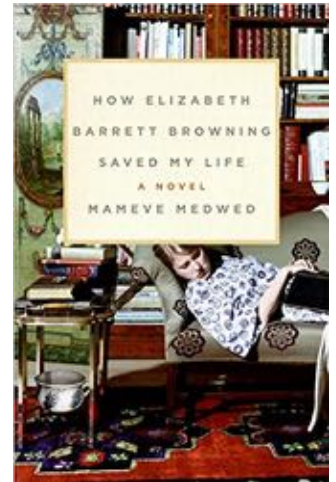
# Author Talk: Elinor Lipman and Mameve Medwed

**TUESDAY, MAY 22ND**

**7:00 PM**

**WESTWOOD PUBLIC LIBRARY**

Followed by the Friends Annual Meeting



Elinor Lipman is the author of 13 books of fiction and nonfiction, including *The Inn at Lake Devine*, *Isabel's Bed*, *The Family Man*, *The View From Penthouse B* and *I Can't Complain: (All Too) Personal Essays*.

She was the 2011-12 Elizabeth Drew professor of creative writing at Smith College, and is a board member and trustee of PEN-America.

Mameve Medwed--Bangor, Maine's other writer--is the author of five novels, *Mail*, *Host Family*, *The End of an Error*, *How Elizabeth Barrett Browning Saved My Life*, *Of Men and Their Mothers*. Her short stories, essays, book reviews have appeared in the *New York Times*, *Boston Globe*, *Gourmet*, *Redbook*, *Yankee*, *The Missouri Review*, and *The Washington Post*.

Sponsored by the Friends of the  
  
Westwood Public Library





**We serve creative cuisine. And worthy causes.**

Present this certificate to your server and supporters of



**Thurston Middle School PTO**  
*supporting the 8th Grade semi-formal*

will receive  
**15% of your total purchase\*.**

Valid:  
**Wednesday, May 23, 2018**

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\*Excludes Alcohol, Tax and Gratuity

70 University Avenue, Westwood, MA 02090 • 781-335-4400

# Westwood Health Department Event

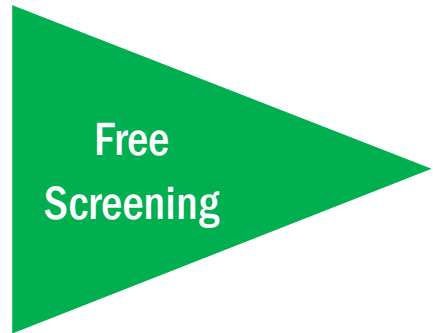


## May is skin cancer awareness month!

Join the Westwood Health Department in conjunction with Brigham & Women's in visiting the Dana-Farber Blum Family Resource Center Van to learn more about skin cancer screening and prevention.

Stop in for a free exam by a dermatologist and free sunscreen samples!

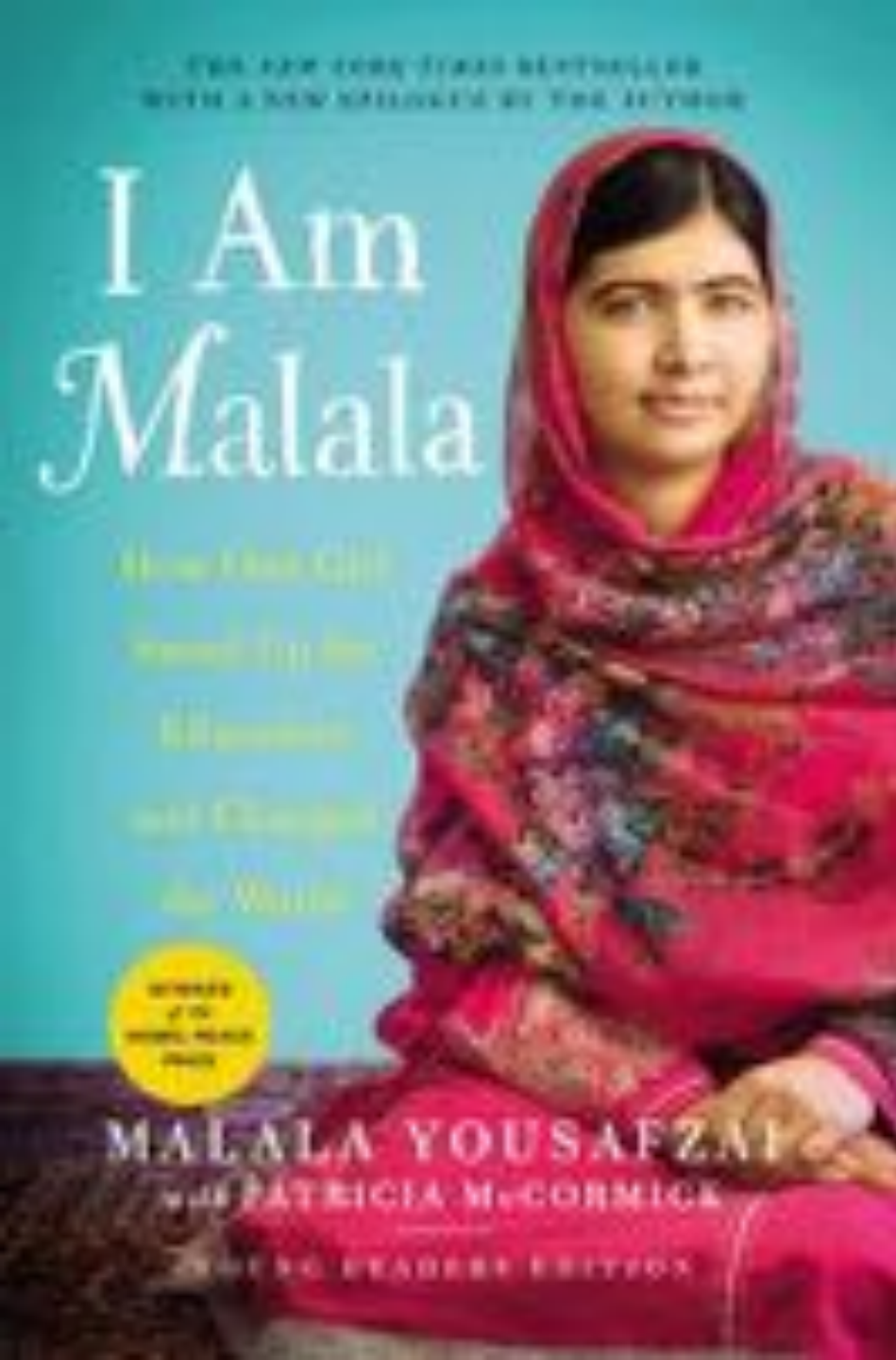
## This is a first come, first seen event!



**Date:**  
**Friday, May 25, 2018**

**Time:**  
**10:00AM-2:00PM**

The van will be located  
at the Senior Center  
60 Nahatan Street.



# *I Am Malala* Book Club

Dates: Wednesdays

June 6, 13 and 20

Time: 4pm-5:30

At Westwood Main Library

5th graders, join us in  
reading

*I am Malala* and  
participating in fun activities

Reserve your spot by contacting us  
at [malalabookclub@gmail.com](mailto:malalabookclub@gmail.com)

Delaney Morgan and Eve Polvay  
are working on our Girl Scout  
Silver Award Project





# Prodigy Program

Westwood Public Schools  
Performing Arts

## Open House - Wednesday, June 6 5:00-7:30 PM - Westwood HS



Band Instrument "Petting Zoo" (grades 4 and up)  
String Instrument Demo and "Petting Zoo" (grades 1 and up)  
Instrument Rentals and Sales - K&C Music & Johnson's Strings  
Student Recitals and Performances  
Music Lesson Registration for Fall 2018  
Two Free Starter Lessons for New Band Students\*  
Prizes and More!

Visit [www.prodigy-program.org](http://www.prodigy-program.org) for more information

\*Two free group starter lessons for new band students registering for fall music lessons (no payments due until September). Lesson times/dates TBA. Must register by June 8, 2018.



## LEMONADE STANDS NEEDED!!!

**Join Team Westwood - Lemons to Lemonade and  
help raise funds to END ALZHEIMER'S**

**Saturday, June 9<sup>TH</sup>**

**(start and end times up to you!)**

- Host a lemonade stand to raise money to end Alzheimer's or volunteer to work a shift at a community location.  
Please contact Joan - [tupjoan1@gmail.com](mailto:tupjoan1@gmail.com)  
or Abby - [abbyhomiller@yahoo.com](mailto:abbyhomiller@yahoo.com)
- Ask your friends, family and neighbors to help out by working a shift or coming out to "buy" some lemonade.
- Mix up some lemonade and have fun!  
Signage and information leaflets will be provided.  
Recommended price for a cup of lemonade - FREE  
Lemonade will be free - donations of any amount accepted!

*100% of donations go directly to the Alzheimer's Association*



**WYWC**  
Westwood Young Women's Club



# TOUCH A TRUCK



Horn-free  
10am-12pm

Saturday, June 9th  
10am-1pm  
Westwood High School

Great  
family  
fun!

Train rides, a helicopter, raffles, a  
petting zoo, bounce houses, food,  
and lots, and lots of trucks!!!

\$10/person  
\$20/family

All proceeds benefit the  
women's charity Dignity  
Matters



Proudly sponsored by:



Dental Arts  
of Westwood  
(781) 733-9378





# CODE RED



- Over the course of her life a woman will have approximately **450** periods.
- Not everyone can afford the related expenses of this monthly force of nature they cannot control.
- Please help those less fortunate if you can by donating pads and tampons.

Ambassador Girl Scout Troop 74112 is collecting pads and tampons to donate to Massachusetts families in transition thru The United Way.

UNITED we can find a WAY to make life better PERIOD.

Thank you for your support!!!

Collecting until June 10th

Donation bin locations:

- Roche Bros.
- Westwood Town Hall
- Westwood Youth & Family Services

Look for the bin labeled **CODE RED**



## Westwood Youth Soccer Fall 2018 Registration Open ONLINE



[www.westwoodsoccer.org](http://www.westwoodsoccer.org)

**Wednesday May 16 – Wednesday June 13**

**Calling ALL Westwood Youth Soccer Players!**

To register for the upcoming soccer season, just click through the [Registration](#) link on the left-hand side of the home page at [www.westwoodsoccer.org](http://www.westwoodsoccer.org).

### **Incoming Grades 3-8**

The fee for the 10-week Fall 2018 season, which starts September 8, 2018, is \$125 per player. Some travel is involved for all teams. Practices are held during the week with games scheduled on Saturdays. **All registered children make a team.**

### **Incoming Grades K-2**

The Mites K-2 program is a **FULL year, Fall 2018-Spring 2019, program** and does **NOT** require re-registration in the spring. The fee for the full-year in-town program is \$125. Children must be registered for Kindergarten for the fall 2018 to play K soccer.

### **Late Fee**

**Registrations completed after the 12:00 midnight June 13, 2018 deadline will be considered late and systematically assessed a \$25 per player late fee.** Late fees cannot be waived. Fee waivers will NOT be granted for late registrations. Late registrants will be placed on a space available basis. Late fees are not assessed in the Kindergarten program.

### **Financial Hardship Fee Waivers**

Requests for registration fee waivers due to financial hardship must come during **OPEN registration from May 16 – June 13**. Fee waivers for late registrations will not be granted.

### **Volunteers**

**Please consider volunteering!** Soccer knowledge a plus, but not a requirement. If you want to submit your name to be considered for a Coach, Assistant Coach, or Parent Manager position please select the appropriate volunteer option and complete the volunteer information when you are registering your child during this online registration process.

See [www.westwoodsoccer.org](http://www.westwoodsoccer.org) for additional information. **Players must be residents of Westwood.**

# WESTWOOD GRIDIRON NINE & DINE



## ***8<sup>th</sup> Annual 9&Dine Golf Tournament***

**Monday, June 18, 2018**

**Norfolk Golf Club, Westwood, Massachusetts**

9 Holes Golf & Dinner ~ \$500 foursome or \$125 per person

Registration: 2:15 pm Shotgun Start: 3:00 pm

Dinner only at 6:00 pm ~ \$45 per person

Appetizers and Dinner by Conrad's in the Clubhouse

Great Raffle Prizes ★ Silent & Live Auction

**FOR RESERVATIONS or  
More Information CONTACT:**

Golf – Michael Hanlon • [hanlonfamily@comcast.net](mailto:hanlonfamily@comcast.net)  
Dinner - Patty Mahoney • [pattyjohnmahoney@gmail.com](mailto:pattyjohnmahoney@gmail.com)

**All proceeds to benefit the  
Westwood High School & Middle School Football Programs  
and Westwood High School Alumni Football Scholarship**







# Spring Math Carnival

Russian School of Math - Newton

May 19th

5-6:30pm



Games!  
Prizes!  
Face-painting!  
And more!



x x x x x x

# CREATIVE CRAFT CLUB

June 28 - August 9 (no group on 7/5)

RISING  
1ST-3RD GRADERS  
THURSDAYS 11AM-12PM  
AND  
RISING  
4TH-6TH GRADERS  
THURSDAYS 3PM-4PM

**FREE!**

Register at: <http://www.townhall.westwood.ma.us/yfs>  
or call 781-320-1006

ISLINGTON COMMUNITY CENTER  
288 WASHINGTON STREET



Support the Sheehan Elementary 5<sup>th</sup> Grade and buy your  
**Westwood Game Day Event Chairs**



**PolyCanvas outdoor chair folds up and fits into carrying case with strap for easy transporting and storage. Features armrests with built-in cup holders.**

**\$35 each**

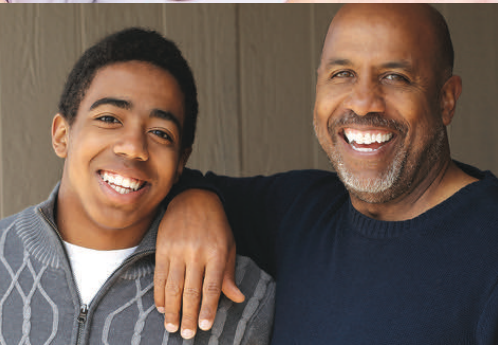
**Email Erica Buza at [erica.buza@verizon.net](mailto:erica.buza@verizon.net) with your order. Sheehan parents can visit [pay4schoolstuff.com](http://pay4schoolstuff.com).**

**Limited quantity available. Get yours today!**

**Cash, check made out to Sheehan PTA or pay4school all accepted.**



# TEEN HEALTH AND SAFETY... PARENTS HAVE POWER



## DO YOU KNOW THAT PARENTS ARE THE STRONGEST PROTECTIVE FACTOR?

*Teens report that parents play a key role in their decisions to use alcohol and other drugs\**

\*2/3 of youth ages 13-17 report "losing their parents pride and respect" is one of the main reasons they do not smoke marijuana or use other drugs.

\*Youth who learn the facts about the risk of drug use from their parents are up to 50% less likely to ever use.

*Teens want the right kind of information, support and guidance from parents.*

## DO YOU HAVE 20 MINUTES?

Most 9th and 10th graders have taken the online **AlcoholEdu** evidence-based alcohol prevention course in health class this year learning about the risks of underage alcohol use.

**AlcoholEdu** offers a **parent component for all high school parents**; this free 20 minute online course includes:

- Latest research on underage drinking
- Tips and tools for talking to your teen about alcohol
- Dispelling common misperceptions about underage drinking
- Strategies and techniques for monitoring and setting rules
- Guidance on what to do if your teen is experimenting, links to resources

**YOUR KNOWLEDGE IS POWER.  
LOG IN TO LEARN MORE AND KEEP YOUR TEEN SAFE.**

*AlcoholEdu for High School Parents*

## COURSE ACCESS

1. Visit: [www.brainshark.com/everfi/AlcEduHSParents](http://www.brainshark.com/everfi/AlcEduHSParents)
2. Enter your name
3. Enter your child's school and district
4. Click "submit" to start the course and click play to advance the slides

If you experience issues with login please email Carol Read at:  
[cread@needhamma.gov](mailto:cread@needhamma.gov)



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# WESTWOOD LITTLE LEAGUE T-SHIRTS, HATS & STICKERS

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PERFECT FOR BIRTHDAY  
& FATHER'S DAY  
GIFTS

T-SHIRTS \$15, - YOUTH & ADULT SIZES  
100% POLYESTER  
HATS \$20 & STICKERS \$3.00

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AVAILABLE FOR SALE AT MORRISON PARK SNACK SHACK  
OR EMAIL:  
[MARYELLENLAROSE@VERIZON.NET](mailto:MARYELLENLAROSE@VERIZON.NET)

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## Seeking Board Members

Would you like to meet new people, be among the first to learn about innovative new educational programs, and help provide necessary funding to our Westwood Public schools and non-profit organizations across our town?

The **Foundation for Westwood Education** is seeking new members to join our Board of Directors. The Foundation annually provides funding for important educational programs. Here are some highlights of past sponsorship:

Intergenerational programs  
J-term at Westwood High School  
Writers' workshops at the middle school  
Arthur's welcome-to-kindergarten program  
Story walk program for Westwood preschoolers  
Science fairs  
Westwood High School's Model UN club  
3D printers  
Woodworking at the middle school

Board members help the Foundation raise money by running the popular annual Spelling Bee and other special fundraising events.

If you would like to work with others in the community to plan fun events and help the Foundation sponsor exciting educational activities for our town, please consider joining our board. Contact the president, Michelle Sutrich at [michelles@foundationforwestwoodeducation.org](mailto:michelles@foundationforwestwoodeducation.org).

FOUNDATION FOR  
**WESTWOOD**  
EDUCATION



**Helping Students  
Achieve Their  
College Goals**

[www.campusbound.com](http://www.campusbound.com)  
781.898.3233

## **The Road Map to College Has Changed**

Each year, college admissions becomes more complex and tuitions more expensive. The college search and application process often creates stress and uncertainty as families prepare for this major life event.

## **Campus Bound Shows You the Way**

- **College Search** – Identify colleges that meet your needs from an academic, non-academic, and financial perspective.
- **Application Assistance** – Put your best foot forward in your applications and essays with the assistance of advisors who have been on the other side of the desk.
- **Cutting College Costs** – Maximize your financial aid by learning how the financial aid system works and by completing the applications accurately.
- **Structure and Strategy** – Minimize family friction by having Campus Bound create a plan to help your student avoid anxiety and procrastination.



## **Experience Matters**

The Campus Bound team of counselors includes current and former college admissions officers, high school counselors, and financial aid experts. We have helped students with different abilities, career paths, and goals attend colleges across North America and the world.

**Have your questions answered by joining our Facebook group:**

**College Knowledge for Parents and Teens**

Facebook—[campusboundma](https://www.facebook.com/campusboundma); Twitter—[campusbound](https://twitter.com/campusbound); Instagram—[campus\\_bound](https://www.instagram.com/campus_bound)

**For more information or to schedule a no-obligation consultation, visit**

**[www.campusbound.com](http://www.campusbound.com) or call us at 781.898.3233. We have office locations in Needham, Hingham, Lexington, and Mansfield.**



# The Comfort of Home A Name You Trust.



Craig and Sue Foscaldo, Owners of Interim HealthCare of Norfolk County understand how important it is for people to stay in their homes. They have built a family of caregivers who provide compassionate and reliable home care services. Craig was born and raised in Westwood. Craig and Sue have lived together in Westwood for over 15 years and have raised their 4 children here. They are both deeply committed and rooted in the local community. Together this team provides excellent quality service with dedication to the local community, and a caring family you can trust and count on to care for your loved one.

## Services

### Companionship

#### Providing and facilitating social interactions such as:

- Appointments
- Going for walks
- Writing/correspondence
- Reading
- Meal planning/preparation
- Sorting and/or reading mail

- Entertainment
- Answering the telephone
- Selecting clothes
- Caring for house plants
- Crafting
- Games/Cards
- Monitoring diet and eating habits
- Home deliveries
- Coordinating lawn care

- Newspapers, magazines and books
- Movies
- Visits, outings and trips
- Visiting with neighbors, friends, family
- Religious reading and discussion
- Birthday/anniversary reminders
- Maintaining calendar
- Travel planning

### Personal Care

#### Assistance with daily living activities such as:

- Dressing
- Bathing

- Personal hygiene
- Incontinence care
- Feeding
- Healthy movements
- Restroom use
- Medication reminders

- Grooming
- Getting in and out of bed
- Getting in and out of wheelchair
- Evening tuck-in
- Morning wake-up

### Homemaking

#### Helping with light housekeeping and domestic activities such as:

- Laundry
- Ironing clothes
- Washing dishes
- Taking out garbage
- Changing linens and making beds
- Vacuuming
- Dry cleaning

- Picking up prescriptions
- Dusting and polishing furnishings
- Cleaning closets and pantries
- Cleaning kitchen cupboards
- General shopping
- Grocery shopping
- Preparation of future meals
- Escorting to appointments
- Escorting to lunch/dinner
- Incidental transportation

- Attending lectures, plays and concerts
- Coordinating snow removal
- Supervising home maintenance
- Preparing grocery list
- Clipping coupons
- Pet care
- Monitoring food freshness and expirations
- Travel planning
- Overseeing home deliveries



**Call today for our complimentary  
in-home evaluation**

**781-333-5454**

www.InterimHealthCare.com/NorwoodMA