

NEWSLETTER

Coordinated Family and Community Engagement (CFCE)



WESTWOOD
EARLY
CHILDHOOD
COUNCIL



LEARNING through PLAY



FINE MOTOR FUN

Hatching icy dinosaur eggs - Blow up a balloon to stretch it out. Open the balloon and put a mini toy dinosaur inside. Fill with water and tie a knot. Place the balloons in the freezer. Once frozen cut the knot off and peel off the balloon. Place frozen eggs in a tray. Squeeze or pour warm water over the eggs using eye droppers, spoons or ladles. {for colored eggs add a few drops of food coloring into the water. If you don't have balloons you can use an ice tray or small containers}

Toilet roll cutting activity- Draw a face near the bottom of the roll. Cut vertical strips down the roll and let your little one give the toilet paper 'person' a hair cut.



LIVE ZOOM SESSIONS

MUSIC WITH MS MEGAN:
Tuesday 14th July @ 10am
Register at
tinyurl.com/weccmmon

LITTLE YOGIS WITH MS ERIN:
Thursday, July 30th @
9:30
Register at
tinyurl.com/weccly

VIRTUAL VIDEO LINKS ON DEMAND

WHAT'S IN THE BOX
WITH MS TARYNNE



SENSORY PLAY

Make Moon sand- mix 1 cup of baby oil to 8 cups of flour in a container with a lid. Add sand toys, measuring spoons and cups for easily to clean messy play. Store in a container for up to 10 days for hours of fun.


MORE SENSORY & FINE MOTOR ACTIVITY IDEAS

- <https://tinkerlab.com/preschool-art-make-colored-rice/>
- <https://theimaginationtree.com/40-fine-motor-skills-activities-for-kids/>
- <https://parentingchaos.com/category/sensory-activities/sensory-play-recipes/>


MORE FREE RESOURCES


1. Curious about your child's development? Try the [Ages and stages Questionnaire \(3\)](#).
2. EEC has partnered with WGBH to support parents and families at home with young children (ages 3-8). Learning is linked to WGBH programming, with hard copy activity booklets as well as [online digital resources](#).
3. [Early Childhood Resource Directory](#): Are you looking for local resources for children and families? The Early Childhood Resource directory provides resources to local programs.


Learn more about your child's development while you're at home.




With a free online questionnaire: The ASQ-3



 The Ages and Stages Questionnaire (ASQ-3) is available to all **Westwood families** with children **ages birth through 5 and a half years**. It is a set of questionnaires about children's development that helps identify areas of strength as well as any areas that may need support.


 Parents fill out the **10-15 minute questionnaire** at home which screens communication, motor skills, social skills & problem solving.

 On completion the Early Childhood Professional (ECP) will set up a confidential telephone call to discuss the results with you. If your child is on track, you can follow their progress by re-screening later on. If your child is having difficulty in any area the ECP will help you with next steps.

 **Click on the link to get started**
<https://www.asqonline.com/family/d52c8a>

For questions contact Janet Lucey at the Early Childhood Office: lucey@westwood.k12.ma.us

 **Department of Early Education and Care** 



WESTWOOD CFCE

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Find more information and resources on our [website](#) and [Facebook](#) page