

Deerfield Walking Club

The Walking Club is restarting

Starts Monday September 12, 2016 and ends Friday October 28, 2016

Club will meet **Mondays and Fridays**

Opened to students in grades 3, 4, 5...free to all who join

It will meet every Monday and Friday morning from 7:30am – 8:05am; rain or shine. Let's get fit and learn a little about health and wellness along the way.

We meet in the Deerfield lobby and will be walking on the track around the back field.

The club is open to the first 20 students who respond.

Please send an email to tdeangelis@westwood.k12.ma.us or call the office number below to reserve a spot.

Tricia DeAngelis RN, BSN, NCSN

781-326-7500, ext 8202