

Resources/Articles to Consider

(local/near Westwood, MA)

Family Support/Community Resources

Local School District/Special Education Parent Advisory Council (SEPAC)

http://www.westwood.k12.ma.us/district/superintendents-office/Student_Services/SEPAC.cfm

Westwood Youth & Family Services

<http://www.townhall.westwood.ma.us/yfs/default.htm>

Riverside Community Care

<http://www.riversidecc.org/child-family-services/home-based-services/in-home-therapy/>

Arbour Counseling

<http://arbourhealth.com/organizations/arbour-counseling-services/>

AANE (The Asperger/Autism Network)

<http://www.aane.org/>

The Arc of South Norfolk County/ Family Autism Center

<http://www.arcsouthnorfolk.org/family-support-center.html>

<http://www.arcsouthnorfolk.org/family-autism-center.html>

Child & Family Psychological Services

<https://www.cfpsych.org/>

Learning Solutions, LLC

<http://www.learningsolutionsforme.com/index.html>

Westwood/Mansfield Pediatric (SKIP program)

<http://www.wmpeds.com/special-needs-kids/>

Federation for Children with Special Needs

<https://fcsn.org/programs/>

Finding Local Therapists/Counselors

<https://www.healthgrades.com/>

<https://therapists.psychologytoday.com/rms/>

Articles Related to Disclosure of Special Needs

Diagnosis/Special Needs

<http://www.pbs.org/parents/education/learning-disabilities/supporting-your-child/talk-to-your-child/>

<https://national.macaronikid.com/articles/5826491024d8f4da3aaa873d/how-to-tell-a-child-about-special-needs-diagnosis>

<https://www.kars4kids.org/blog/are-you-afraid-to-talk-to-your-child-about-his-disability/>

<http://www.mychildwithoutlimits.org/act/family-life/how-to-explain-disability-to-a-child/>

http://raisingchildren.net.au/articles/talking_about_disability.html

<http://disabilityrightsiowa.org/wp-content/uploads/2012/11/FAQ-About-Disability-Disclosure-under-the-ADA.pdf>

<https://www.todayparent.com/family/special-needs-when-your-child-asks-about-their-disability/>

<https://www.verywell.com/what-are-special-needs-3106002>

<http://www.amaze.org.au/uploads/2011/08/Fact-Sheet-Sharing-the-Diagnosis-of-Autism-Spectrum-Disorder-Aug-20111.pdf>

Physical

<http://www.pbs.org/parents/experts/archive/2013/06/how-to-talk-to-kids-and-parent.html>

<https://www.care.com/c/stories/6618/teaching-your-child-about-peers-with-special/>

<http://www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&np=306&id=1874>

Learning Disabilities (LD)

http://www.idonline.org/lavoie/Explaining_Learning_Disabilities_to_Your_Child

<https://www.understood.org/en/learning-attention-issues/understanding-childs-challenges/talking-with-your-child/how-to-talk-to-your-child-about-learning-and-attention-issues>

<http://www.smartkidswithld.org/getting-help/raising-independent-kids-2/educating-child-learning-disabilities/>

<https://www.additudemag.com/explaining-add-to-your-child/>

Autism Spectrum Disorder

https://www.washingtonpost.com/news/parenting/wp/2014/05/27/your-child-has-autism-how-and-when-do-you-tell-him/?utm_term=.91851977b669

<http://www.myaspengerschild.com/2014/03/should-you-disclose-your-childs.html>

<https://www.iidc.indiana.edu/pages/Getting-Started-Introducing-Your-Child-to-His-or-Her-Diagnosis-of-Autism-or-Asperger-Syndrome>

<http://www.amaze.org.au/uploads/2011/08/Fact-Sheet-Sharing-the-Diagnosis-of-Autism-Spectrum-Disorder-Aug-20111.pdf>

Mental Illness

http://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Talking-To-Kids-About-Mental-Illnesses-084.aspx

<https://www.psychologytoday.com/blog/promoting-hope-preventing-suicide/201403/how-talk-your-child-about-mental-illness>

https://www.pa-fsa.org/Portals/0/Docs/Parents/Challenging-Situations/Helping_Children_Understand_Mental_Illness.pdf

<https://themighty.com/2015/10/how-to-talk-to-kids-about-mental-illness/>

<https://health.usnews.com/health-news/health-wellness/articles/2014/09/23/how-to-talk-to-kids-and-teens-about-mental-illness>

Intellectual Impairment

<http://www.parentcenterhub.org/intellectual/>

http://www.idrs.org.au/pdf/IDRS_%20Introduction_intellectual%20disability_17Feb09.pdf

Sibling/Family

<http://allparenting.com/my-family/articles/971189/when-you-should-tell-your-children-a-sibling-has-a-disability>

<https://childmind.org/article/sharing-an-autism-diagnosis-with-family-and-friends/>

https://www.huffingtonpost.com/julie-m-green/the-great-disclosure-debate_b_5889544.html

Community/Classroom

<http://www.pacer.org/parent/php/PHP-c101.pdf>

<https://adayinourshoes.com/resources-to-teach-kids-about-disabilities-awareness-and-inclusion/>

<https://www.tolerance.org/classroom-resources/tolerance-lessons/understanding-disabilities>

Self-esteem Worksheets

<https://www.understood.org/en/friends-feelings/empowering-your-child/self-awareness/download-self-awareness-worksheet-for-kids>

Childrens' Books

<http://www.friendshipcircle.org/blog/2011/11/10/explaining-special-needs-to-your-child-15-great-children%E2%80%99s-books/>